



# **CANAPÉS**

priced per piece

one dozen minimum order per item

four pieces per person recommended for each hour of cocktail reception

### VEGETARIAN

Tomato & Mozzarella Arancini fried risotto balls stuffed with mozzarella 3

Mushroom Flatbread herbed goat cheese, sautéed mushrooms, caramelized onions, arugula, hot honey 4

Truffle Grilled Cheese challah, brie, mozzarella, prosciutto, mushrooms, truffle honey 4

Crispy Cauliflower vodka fried cauliflower, pepper sauce, sesame seeds 4

Truffle Burrata heirloom tomatoes, shaved truffles, balsamic, focaccia 5

### **SEAFOOD**

Freshly Shucked Oysters fresh horseradish, mignonette, lemon, fermented hot sauce 4

Tuna Tartare ahi tuna, avocado, ponzu, chips 5

Charred Octopus honey glaze, yuzu caviar, black garlic, squid ink (GF) 9

Sturgeon Caviar potato blini, crème fraîche 11

Lobster Roll brioche, avocado, tarragon aioli 11

### **MEAT**

Beef Slider brioche, spicy red pepper jelly, double cream brie, caramelized onions, arugula 5
Chicken & Waffles belgian waffle, buttermilk fried boneless chicken thighs, whiskey maple creme anglaise 5
Steak Tartare AAA beef tenderloin, egg yolk, tarragon, pommes gaufrettes 7
Australian Lamb Lollipop honey mustard glazed, red wine jus 9
Grade 'A' Quebec Foie Gras Seared foie gras, sour cherry, toasted pistachio, brioche 11

Custom food items are available upon request, and we're happy to collaborate with you to create the perfect menu tailored to your preferences and needs.

menus & pricing are subject to change based on seasonal availability prices exclude tax & gratuity

### Dinner

### Menu A (Lunch)

**Appetizer** 

Choice of:

Caesar Salad

prosciutto, parmesan, focaccia croutons (CP) (GFO)

**Crispy Cauliflower** 

vodka fried cauliflower, pepper sauce, sesame seeds (V) (GFO)

**Steak Tartare** 

AAA beef tenderloin, egg yolk, tarragon, pommes gaufrettes (GF)

Main Course

Choice of:

**Mushroom Truffle Fettuccine** 

mushroom deluxe, shaved truffles, parmesan (VG) (GFO)

**Organic Half Chicken** 

fingerling potatoes, mushrooms, lemon butter, natural jus (GF)

Roasted Arctic Char

jerusalem artichokes, buttermilk sauce, basil (GF)

Oceanwise Certified

**Dessert** 

Choice of

Tiramisu

mascarpone zabaione, cookies soaked in espresso and Kahlúa, cocoa (VG)

**Est Chocolate Cake** 

vanilla gelato, dulce de leche, raspberries, warm chocolate sauce (VG)

Menu A- \$75.00 per person

### Menu B (Dinner)

**First Course** 

Choice of:

Steak Tartare

AAA beef tenderloin, egg yolk, tarragon, pommes gaufrettes (GF)

**Crispy Cauliflower** 

vodka fried cauliflower, pepper sauce, sesame seeds (V) (GFO)

**Second Course** 

Choice of:

Truffle Burrata

heirloom tomatoes, shaved truffles, balsamic, focaccia (VG)(GFO)

**Charred Octopus** 

honey glaze, yuzu caviar, black garlic, tarragon, squid ink (GF)

**Main Course** 

Choice of:

**Mushroom Truffle Fettuccine** 

mushroom deluxe, shaved truffles, parmesan (VG) (GFO)

**Duck Confit** 

fingerling potatoes, spring vegetables, pancetta, duck jus (CP)(GF)

**Roasted Arctic Char** 

jerusalem artichokes, buttermilk sauce, basil (GF)

Oceanwise Certified

**Braised Beef Short Rib** 

12-hour braise, broccolini, brown butter pomme purée, red wine glaze (GF)

Dessert

Choice of:

**Tiramisu** 

mascarpone zabaione, cookies soaked in espresso and Kahlúa, cocoa (VG)

**Est Chocolate Cake** 

vanilla gelato, dulce de leche, raspberries, warm chocolate sauce (VG)

Menu B- \$93.00 per person

### Menu C (Dinner)

### **Assorted Family Style Appetizers**

### Freshly Shucked Oysters

fresh horseradish, mignonette, lemon, fermented hot sauce

### **Crispy Cauliflower**

vodka fried cauliflower, pepper sauce, sesame seeds (V) (GFO)

### **Steak Tartare**

AAA beef tenderloin, egg yolk, tarragon, pommes gaufrettes (GF)

#### Truffle Burrata

heirloom tomatoes, shaved truffles, balsamic, focaccia (VG)(GFO)

### **Charred Octopus**

honey glaze, yuzu caviar, black garlic, tarragon, squid ink (GF)

### **Main Course**

Choice of:

### **Mushroom Truffle Fettuccine**

mushroom deluxe, shaved truffles, parmesan (VG) (GFO)

### **Roasted Arctic Char 37**

jerusalem artichokes, buttermilk sauce, basil (GF) Oceanwise Certified

### **Braised Beef Short Rib**

12-hour braise, broccolini, brown butter pomme purée, red wine glaze (GF)

### **Australian Rack of Lamb**

honey mustard crust, broccolini, pomme purée, lamb jus (GF)

### **Dessert**

Choice of:

### Tiramisu

mascarpone zabaione, cookies soaked in espresso and Kahlúa, cocoa (VG)

### **Est Chocolate Cake**

vanilla gelato, dulce de leche, raspberries, warm chocolate sauce (VG)

Menu C- \$119.00 per person

### Menu D (Dinner)

### **First Course**

Choice of:

### Truffle Burrata

heirloom tomatoes, shaved truffles, balsamic, focaccia (VG)(GFO)

### **Charred Octopus**

honey glaze, yuzu caviar, black garlic, tarragon, squid ink (GF)

### **Main Course**

Choice of:

### **Mushroom Truffle Fettuccine**

mushroom deluxe, shaved truffles, parmesan (VG) (GFO)

#### **Braised Beef Short Rib**

12-hour braise, broccolini, pomme purée, red wine glaze (GF)

### **Australian Rack of Lamb**

honey mustard crust, broccolini, pomme purée, lamb jus (GF)

### **Roasted Arctic Char**

jerusalem artichokes, buttermilk sauce, basil (GF) *Oceanwise Certified* 

#### Tenderloin Rossini

6oz. beef tenderloin, foie gras, shaved truffles, Madeira jus (GFO)

### Dessert

Choice of:

### Tiramisu

mascarpone zabaione, cookies soaked in espresso and Kahlúa, cocoa (VG)

### **Est Chocolate Cake**

vanilla gelato, dulce de leche, raspberries, warm chocolate sauce (VG)

Menu D- \$149.00 per person

### Family Style (Brunch) Menu E

### Parmesan Truffle Fries

white truffle oil, fresh herbs, black garlic aioli (VG) (GF)

### Caesar Salad

prosciutto, parmesan, focaccia croutons (CP) (GFO)

### **Truffle Grilled Cheese**

challah, brie, mozzarella, prosciutto, mushrooms, truffle honey, caesar salad (GFO) (CP)

### French Toast

challah, peach maple flambé, candied pecans, whiskey maple crème anglaise (VG)

### **Est Breakfast**

two sunny side-up eggs, choice of peameal bacon, maple bacon, turkey bacon, sausage or sautéed mushrooms, home fries, sourdough bread, (GFO)

### **Eggs Benedict**

poached eggs, brown butter hollandaise, home fries, choice of peameal bacon, smoked salmon or sautéed mushrooms on english muffin

### Chicken & Waffles

belgian waffles, buttermilk fried boneless chicken thighs, prosciutto, whiskey maple crème anglaise (contains pork)

Family Style Brunch Menu E - \$49.00 per person

### **Menu Additions**

priced per person

one dozen minimum order per item

four pieces per person recommended for each hour of cocktail reception

### **Cheese & Charcuterie Platter**

Start your night to a cocktail hour with a platter, Chefs selection of 5 artisanal cheeses, cured meats, accompaniments

19 per person

### **Vegetable Platter**

Seasonal selection of vegetables with green goddess dressing

15 per person

### Fruit Platter

A selection of seasonal fruit.

18 per person

### **Petit Fours**

Finish the night with a selection of housemade French-inspired pastries

12 per person

Custom food items are available upon request, and we're happy to collaborate with you to create the perfect menu tailored to your preferences and needs.

menus & pricing are subject to change based on seasonal availability prices exclude tax & gratuity

### Remy Martin VSOP Cognac 23/40/25

### Single/Double

### **Vodka**

Absolut 9/15.75 Tito's 10/17.50 Grey Goose 12/21 Ciroc Peach 12/21

Belvedere Vodka 13/22.75

### Gin

Beefeater 9/15.75
Malfy Lemon 11/19.25
Malfy Arancia 11/19.25
Malfy Rosa 11/19.25
Reids Original 11/19.25
Empress 12/21

Empress 12/21 Hendricks 12/21

### Rum

Malibu Coconut 8/14
Bacardi spiced 9/15.75

Appleton Estate V/X Signature Blend 9/15.75

Havana Club 3 Year **9/15.75** Havana Club 7 Year **11/19.25** 

Wray & Nephew 12/21

Appleton Estate 12 Year 11/19.25

El Dorado 12 Year 12/21

Bumbu 13/22.75 Bumbu XO 16/28

El Dorado 15 Year 17/29.75

### Bourbon

Makers Mark 13/22.75

Rabbit Hole Cavehill Bourbon Whiskey 16/28

### Whiskey/Rye

J.P Wiser 9/15.75 Crown Royal 9/15.75 Jack Daniels 11/19.25 Jameson 11/19.25

Screwball Peanut Butter 12/21

Legent 14/24.50

Johnnie Walker Black Label 14/24.50 Glenlivet 12 Year Old Single Malt 18/31.50 Glenlivet 21 Year Old Single Malt 52/91

Oban 14 Year 27 /47.25

### Cognac

Hennessy V.S 17/29.75

### **Tequila**

Olmeca Altos Blanco 13/22.75 Olmeca Altos Reposado 13/22.75 Olmeca Altos Anejo 15/26.25

Mezcal Amores Verde Momento 17/29.75

Casamigos Blanco 18/31.50 Tres Generaciones Plata 18/31.50 Codigo 1530 Blanco Tequila 18/31.50

Patron Silver **19/33.25** Casamigos Reposado **20/35** Clase Azul Reposado **43/75.25** 

### **Liquor**

Sambuca 7/12.25

Sophia's Limoncello 8/14

Cassis **8/14**Pernod **9/15.75**Jagermeister **9/15.75** 

Persian Empire Liquor 9/15.75

Kahùla **9/15.75**Bailey's **9/15.75** 

Soho Lychee Liqueur 9/15.75

Frangelico 9/15.75 Aperol 9/15.75

St Remy VSOP Brandy 9/15.75

Montenegro 9/15.75 Averna Amaro 9/15.75

Nonino Ouintessentia Amaro 9/15.75

Galliano 10/17.50 Campari 10/17.50 Disaronno 10/17.50 Hypnotiq 10/17.50 Drambuie 12/21 Grand Marnier 12/21 Cointreau 13/22.75 Chambord 13/22.75

Taylor Fladgate 10 yr (Port) 13/22.75

St. Germaine **14/24.50** Chartreuse **24/42** 

### **Non-Alcoholic Liquors**

seedlip garden 10/17.50 seedlip spice 10/17.50

# Est COCKTAILS -sweet to savourySignature

Raspberry Riverside Mule Altos Reposado Tequila, ginger beer, raspberry, lime & mint Non-Alcoholic -4   Olmeca Altos Anejo	16
Mezcal Amores +4   Tres Genecia Antos Anejo Mezcal Amores +4   Tres Geneciones Plata Codigo 1530 Blanco Tequila +5   Casamigos Blanco Patrón Silver +6   Casamigos Reposado Clase Azul Reposado +	+5 +5 +7
<b>Cherry Bomb</b> Bumbu Rum, Disaronno, Cassis, Luxardo Maraschino Liqueur, egg whit  El Dorado 15 year +	
<b>Purple Rain Martini</b> Empress 1908 Gin, McGuinness Triple Sec, lavender, lime, egg whites	16
<b>Malfy Gin Spritz</b> Rosa Malfy Gin, Cava, aranciata rossa San Pellegrino, lemonade	17
<b>Smoked Old Fashioned</b> Maker's Mark, simple syrup, orange bitters Rabbit Hole Cavehill Bourbon Whiskey	21 +7
<b>Golden Glen</b> Glenlivet 21 Year Old Single Malt Scotch Whisky, maple, black walnut bitters, star anise	91
Classic	
<b>Negroni</b> Beefeater Gin, Campari, Dillon's Vermouth, orange peel	16
Reid's Gin Malfy Aranciata Gin Malfy Rosso Gin Empress 1908 Gin	+3 +3
<b>Paper Plane</b> Makers Mark, Aperol, Amaro Nonino Quintessentia, lemon Rabbit Hole Cavehill Bourbon Whiskey	16 +3
Espresso Martini Absolut Vodka, Kahlúa, espresso	18
Tito's Grey Goose Skrewball Peanut Butter Whiskey Belvedere Vodka	+6 +6
Lychee Martini Absolut Vodka, Soho liqueur, lychee	18
Tito's Grey Goose Belvedere Vodka	+6
Bumbu XO Rum, Cava, lime, mint, simple syrup	23
Beer Bottles & Cans	+2
Stella Artois (330ml) Eastbound Backpacker Blonde Ale (355ml) Eastbound Smash IPA (355ml) Heineken 0.0 – non alcohol (330ml)	9 8 8
<b>Draft</b> Heineken (16oz.) Birra Moretti (16oz.)	8 11 10
Cider Strongbow 'Original Dry' Cider (440ml) No Boats On Sunday Original (473ml)	9

ēst win	NES -light to full-
---------	---------------------

5oz btl

Sparkling	
Luc Belaire Limited Edition Bleu Sparkling Ugni Blanc, Colombard   Provence, France   NV. Fresh Berries, Tropical Fruits, Crisp	98
Luc Belaire Rare Rosé Sparkling Syrah, Cinsault, and Grenache   Provence, France   NV. Fresh Berries, Melon, Nutty	98
Sorelle Bronca Modi Prosecco Glera   Treviso, Italy   NV. Citrus, Honeysuckle, White Peach	66
Mosole Prosecco Millesimato 'Extra Dry' Glera, Chardonnay   Veneto, Italy   2022 Green Apple, Lemon Zest, Honeysuckle	81
Leaning Post 'Pét Nat' Muscat Ottonel   Niagara, Ontario   2020 Passion Fruit, Red Apple, Yellow Peach	60
Vita Vivet Cava Brut Seleccio Xarel-lo, Parellada, Macabeo   Nevada, Spain   NV. Pear, Yellow Apple, Brioche	60
<b>Domaine Baud 'Blanc de Blanc'</b> Chardonnay   Crémant du Jura Brut, France   NV. Baked Apple, Almond, Baked Bread	89
Veuve Clicquot Brut, Champagne Pinot Noir, Chardonnay   France   NV. Yellow Peach, Toasted Hazelnut, Citrus	174
Veuve Clicquot Brut Rose, Champagne Pinot Noir, Chardonnay, Meunier   France   NV. Floral, Citrus, Berry	200
<b>Dom Pérignon Brut, Champagne</b> Pinot Noir, Chardonnay   France   2010 Citrus, Nutty, Toast	598
<b>Venturini Baldini Marchese Manodori, Lambrusco</b> Marani, Maestri, Salamino, Grasparossa   Emilia-Romagna, Italy   NV. juicy black cherry, wild violet, fresh herbs	72

### **Featured Sparkling**

### Leaning Post 'Pét Nat' 2020

Muscat Ottonel | Niagara, Ontario | 750ml | 60

Intensely aromatic, on the nose with lime, fresh ginger, guava, mango and orange-peel leading the way, while cumin seed, cinnamon and rose-petals echo throughout. The palate brings more fruit, with lychee, starfruit and pineapple mingling with cardamom and alstroemeria. Soft, creamy bubbles and a rich mouthfeel, balanced by excellent acidity and freshness.

ēst			ēst wines -tigl		
WINES -light to full-	5oz	btl	Reds		
Whites			Pearl Morissette Furie Cabernet Sauvignon, Merlot, Cab		
<b>Mosole Pinot Grigio</b> 2020 Venezia, Italy <i>Fresh Pear, Citrus Blossom, Stone</i>	15	66	Introvert Pinot Noir California, USA  2020		
Domaine de Mauperthuis 'Saint Bris' 2020 Sauvignon Blanc   Burgundy, France Gooseberry, Tangerine, Lemon Grass		72	Crushed Ráspberries, Rose Petals, B		
<b>Loveblock Sauvignon Blanc</b> 2021 Marlborough, New Zealand <i>Grapefruit, Honeydew, Lemon Zest</i>	17	78	Tornatore, Etna Rosso Nerello Mascalese   Sicily, Italy   Sour Cherry, Rosemary, White Peppe.		
Maison Roche de Bellene 'Cuvée Réserve' 2018 Chardonnay   Bourgogne, France Golden Apple, Creme Brûlée, Meyer Lemon		95	Château Les Paruades, Bor Merlot, Cabernet Sauvignon, Cab Black Currant, Cedar, Tobacco Leaf		
Tin Barn 'R8' Chardonnay 2021 California, USA Pineapple, Honey, Buttered Toast	16	72	Virna 'Noi', Barolo Nebbiolo   Piemonte, Italy   2018 Cherry, Truffle, Dried Rose		
			<b>Domaine Frédéric Brouca</b> Carignan, Grenache, Syrah   Lang Red Plum, Lavender, Black Pepper		
Rosé & skin contact			Cortonesi La Mannella 'Lè		

15

60

81

**Château Pesquié 'Terrasses' Rosé** 2022 Cinsault, Grenache, Syrah | Rhône Valley, France Watermelon, Strawberry, Orange Blossom

**Pearl Morissette 'Irrévérence'** 2019 Riesling, Chardonnay, Gewurztraminer | Niagara, Ontario *Apple, Honey, Citrus* 

USL WINES -light to full-	5oz	btl
Reds		
Pearl Morissette Furie Cabernet Sauvignon, Merlot, Cabernet Franc   Niagara, Ontario olum, black currant, violets	2020	120
Introvert Pinot Noir California, USA  2020 Crushed Raspberries, Rose Petals, Black Tea	16	72
<b>Fornatore, Etna Rosso</b> Nerello Mascalese   Sicily, Italy   2018 Sour Cherry, Rosemary, White Pepper, Silky, Elegant		84
Château Les Paruades, Bordeaux Supérieur Merlot, Cabernet Sauvignon, Cabernet Franc   France   2016 Black Currant, Cedar, Tobacco Leaf	16	72
<b>Virna 'Noi', Barolo</b> Nebbiolo   Piemonte, Italy   2018 Cherry, Truffle, Dried Rose		165
Domaine Frédéric Brouca 'Champs Pentus', Faugé Carignan, Grenache, Syrah   Languedoc-Roussillon, France   20. Red Plum, Lavender, Black Pepper	res 20	92
Cortonesi La Mannella 'Lèonus' Sangiovese, Merlot, Cabernet Sauvignon   Tuscany, Italy   2021 Blackberry, Leather, Anise		64
Janare 'Lucchero' Campania, Italy 2017 Plum, Cocoa, Dried Thyme		58
Le Fonti, Chianti Classico Riserva Sangiovese   Tuscany, Italy   2018 Plum, Spice, Juniper		115
Clos LaChance 'Estate' Cabernet Sauvignon California, USA   2021 Black Cherry, Dark Chocolate, Sage	18	84
Rue Naujac 'Lot 33' Cabernet Sauvignon Columbia Valley Washington, USA   2020 Cassis, Mocha, Eucalyptus		100
Bodegas Puiggros 'Signes del Priorat' Priorat Grenacha, Carignan   Spain   2019 Blackberry, Liquorice, Black pepper		124
Whitehall Lane 'Tre Leoni' Cabernet Sauvignon, Merlot   Napa Valley California, USA   202 Black Cherry, Vanilla, Toasted Walnuts	20	145
Caymus Cabernet Sauvignon Napa Valley, California, USA   2020		255

### Buyout

### **ēst Buyout Details and Specifications**

ēst restaurant buyout is available 7 days a week. We can accommodate a brunch, lunch or dinner event for indoor dining. Patio area will be open from June through September, the current buyout package does not include the patio. Please let us know if you are interested in buying out both areas and we can provide a new minimum spend. Our outside patio has a capacity of 24 guests. We are happy to consider all requests and will confirm permitting the restaurant's availability. Please note that all evening events conclude at 1:00am.

### **Complimentary Services:**

- Standard white cotton linens (tablecloths and napkins)
- Service staff
- Existing tables and chairs
- Standard flatware and glassware
- Personalized menus at each place setting

### **Capacity**

Our restaurant has a maximum capacity of 30 people.

### The Food & Beverage Experience

Working with our event specialist, you will be invited to select beverages of your choice from our current menus to serve to your guests. Beverages, both alcoholic and non-alcoholic, are charged based on consumption, per drink. If an open bar is of interest, please specify this and we can discuss pricing.

The menu selection will be made from our current seasonal menu. Your event specialist can assist you with tailoring your selections for the best guest experience.

Please note, there will be a cake cutting fee of \$5.00 per person, if parties decide to bring their own cake. No outside alcohol or wine is permitted to be brought into the restaurant as well.

\*Allergies and dietary restrictions must be communicated in advance of the event date.

### Entertainment + Audiovisual (AV)

The restaurant is not equipped with a DJ sound system, however, we would be happy to assist with arranging your AV equipment through our preferred audiovisual supplier and include this as a part of your package, with applicable costs. Please note that adding AV equipment can alter the capacity of the space.

\*Additional equipment and furniture may be organized upon request

### **Minimum Spend**

Sunday - Wednesday 12PM - 5PM - \$2,000

Sunday - Wednesday 5PM - 12AM - \$2,500

Thursday - Saturday 12PM - 5PM - \$2,000

Thursday - Saturday 5PM - 12AM - \$3,500

All prices are in Canadian currency. Minimum spend does not include taxes and gratuities.

### Gratuity

There is an automatic gratuity of 20% on the total amount for the event. This includes the initial deposit plus remainder of payment.

### **Payment + Cancellation**

A signed contract and initial deposit of \$500.00 is required to secure the date and space. The deposit and payment will be sent as an invoice. The final payment is based upon taxes, food selections, beverage consumption, and 20% gratuity. Payment excludes the initial deposit at the end of the event.

\*To ensure a smooth dining experience for all guests, we kindly request that bill splitting is limited to a maximum of four ways. Unfortunately, we are unable to split individual items onto separate bills. We appreciate your understanding and cooperation in adhering to our billing policy.

**Note:** If the minimum spend is not met, you will be charged for the remaining balance depending on the package above. An invoice will be provided following your event that states the remaining balance.

### All deposits are non-refundable.

D . . 17

Print Name:	
Signature:	
Date Signed:	
Event Date :	
Office Use Only: (Do Not Fill In This Section)	
Deposit Required:	
Signature:	
Date Signed:	

## **Group Dining Package**

### **ēst Group Dining Details and Specifications**

ēst restaurant can accommodate large parties within operating hours. We are happy to consider all requests and will confirm permitting the restaurant's availability. The group menus (found on page two) must be selected. However, custom menus are available upon request. Please note, there will be a cake cutting fee of \$5.00 per person, if parties decide to bring their own cake. No outside alcohol or wine is permitted to be brought into the restaurant as well. \*Allergies and food restrictions must be communicated in advance of the event date.

### Capacity

The main dining room can accommodate large parties between 8 and 18 guests.

### Food & Beverage Minimum Spend

Brunch- \$50.00 per person Dinner - \$100.00 per person

All prices are in Canadian currency. Minimum spend does not include taxes and gratuities.

### Gratuity

There is an automatic gratuity of 20% on the total bill for the event. This includes the deposit plus remainder of payment.

### Payment + Cancellation

A signed contract and initial deposit of \$500.00 is required to secure the date and space. The deposit and payment will be sent as an invoice. The final payment includes tax, food selections, beverage consumption, and a 20% gratuity. Final payment excludes the initial deposit at the end of the event.

To ensure a smooth dining experience for all guests, we kindly request that bill splitting is limited to a maximum of four ways. Unfortunately, we are unable to split individual items onto separate bills. We appreciate your understanding and cooperation in adhering to our billing policy.

**Note:** If the minimum spend is not met, you will be charged for the remaining balance depending on the package above. An invoice will be provided following your event that states the remaining balance.

### All deposits are non-refundable.

Print Name:	
Signature:	
Date Signed:	
Event Date:	
Office Use Only: (Do Not Fill In This Section)	
Deposit Required:	
Signature:	
Date Signed:	