





## BREAKFAST

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### **BREAKFAST CROISSANTS | 4**

Choice of Country sausage, shaved ham, or crispy bacon on a flaky buttermilk croissant with a fresh egg and cheese.

### **YOGURT BAR | 9**

Yogurt bar with dried and fresh fruit, granola and assorted toppings. Served with freshly brewed coffee.

### **CONTINENTAL BREAKFAST | 11**

Cinnamon rolls, pastries, bagels with cream cheese and seasonal sliced fresh fruit. Served with freshly brewed coffee.

### **HOT BREAKFAST BUFFET | 13**

Scrambled eggs, sausage, bacon, breakfast potatoes, biscuits and gravy. Served with freshly brewed coffee.

### **BRUNCH | 17**

(25 Person Minimum)

Scrambled eggs, sausage, bacon, cheesy potatoes, seasonal sliced fresh fruit, assorted pastries, honey glazed ham, green beans almondine and mixed green salad. Served with freshly brewed coffee.

## LOOKING FOR MORE TO ADD TO YOUR BREAKFAST?

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**ASSORTED LARGE PASTRIES** 22 (per dozen)

**CINNAMON ROLLS** 22 (per dozen)

**BAGELS WITH CREAM CHEESE** 22 (per dozen)

**ASSORTED FRESH BAKED MUFFINS** 22 (per dozen)

**FRESH FRUIT TRAY** 4 (per person)

**YOGURT** 2 (per person)

**BOTTLED JUICES** 3 (per person)



## HEARTY SALADS

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### **PLANTATION SALAD | 11**

Iceberg lettuce tossed in a creamy garlic dressing with red onion, grape tomatoes, melba chips and Parmesan.

### **THAI CRUNCH SALAD | 11**

Mixed greens in a sweet chili soy dressing, topped with broccoli, carrots, cabbage, water chestnuts, rice noodles and peanuts.

### **APPLE CHICKEN CHOP SALAD | 13**

Chopped mixed greens tossed with balsamic vinaigrette, candied pecans, bacon, sun-dried cranberries and Granny Smith apples. Crowned with bleu cheese crumbles and grilled chicken.

### **CHICKEN CAESAR SALAD | 12**

Romaine lettuce, mushrooms, tomato, black olive, Parmesan cheese and croutons topped with grilled chicken breast.



# TRAY IT UP | 79

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*(Serves 6 to 8 people) Each additional person 9*

A tray of assorted sandwiches or wraps served with potato chips, a gourmet cookie and drink.

## CHOOSE FROM:

Smoked Turkey BLT Wrap, Roasted Turkey Sandwich, Veggie Wrap, Honey Glazed Ham Sandwich, Deli Club Wrap and Roast Beef Sandwich.

## LOOKING TO ADD ON TO YOUR LUNCH?

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### MIXED GREEN SALAD

3 (per person)

### PASTA SALAD

3 (per person)

### POTATO SALAD

3 (per person)

### FRESH FRUIT SALAD

4 (per person)

### COLE SLAW

3 (per person)

### POTATO CHIPS

1.50 (per bag)

### SOUP DU JOUR

3 (per person)

### GOURMET COOKIES

2.50 (per person)

### DESSERT BARS

22 (per dozen)

### SOFT DRINKS

2.50 (per can)

### BOTTLED WATER

2.50 (per person)

### LEMONADE

55 (per dispenser)

### ICED TEA

45 (per dispenser)

### COFFEE

28 (per gallon)



# THEMED LUNCH BUFFETS

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*Minimum of 15 people. Not available after 3:00pm.*

## BACKYARD BARBEQUE | 15

*Choose two*

Pulled Pork • Herb Baked Chicken • Fried Chicken • Barbeque Ribs

Served with our famous cole slaw and mac n' cheese.

## FIESTA | 13

Seasoned beef served with flour tortillas, Spanish rice, refried beans, chips and salsa and toppings. Add Chicken Fajitas for \$2.00 per person

## TASTE OF ITALY | 14

*Choose two entrées:*

Chicken Spinach Penne • Meat Lasagna

Meatlover's Marinara Penne Bake • Penne Primavera

Served with garlic breadsticks and Caesar salad.

## DELI | 11

Sliced turkey, ham, roast beef, assorted cheeses, assorted breads, potato chips, tomato dill soup or soup du jour, cole slaw, potato salad and condiments.

## SOUP AND SALAD BAR | 10

Choice of Tomato Dill or Soup du Jour and garden salad with all the fixings.

# HOT LUNCH BUFFET

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*Minimum of 15 people. Not available after 3:00pm.*

## ENTRÉES

*One 14 • Two 16*

Roasted Round of Beef Au Jus

Honey Glazed Ham

Fried or Herb Baked Chicken

Roasted Pork Loin

Baked White Cod

Chicken Spinach Penne

Chicken Picatta

## SALADS

*Choose one*

Italian Pasta Salad

Potato Salad

Famous Cole Slaw

Caesar Salad

Broccoli Bacon Salad

Mixed Green Salad

## VEGETABLES

*Choose one*

Honey Glazed Carrots

Vegetable Medley

Green Beans Almondine

Buttered Corn

## ACCOMPANIMENTS

*Choose one*

Wild Rice

Creamy Mashed Potatoes

Garlic Roasted Red Potatoes

Cheesy Cheddar Potatoes



## BOX IT UP | 10

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*All boxed lunches are served with potato chips, a gourmet cookie and drink.*

### **HAM**

Honey glazed ham with swiss on marble rye bread.

### **ROAST BEEF**

Roast beef with cheddar on potato bread.

### **TURKEY**

Roasted turkey with provolone on wheat berry bread.

### **DELI CLUB WRAP**

Honey wheat tortilla rolled with ham and smoked turkey, American cheese, tomato, shredded lettuce, bacon and cream cheese spread.

### **SMOKED TURKEY BLT WRAP**

Tomato basil tortilla rolled with smoked turkey, American cheese, tomato, shredded lettuce and bacon.

### **VEGGIE WRAP**

Tomato basil tortilla rolled with a garlic cream cheese spread, lettuce, spinach, tomatoes and green peppers.



### **BILLING AND PAYMENT**

We accept Visa, MasterCard, Discover and American Express. All prices are subject to applicable sales tax. Corporate accounts are available. All social events must be paid in full prior to delivery.

### **FULL-SERVICE CATERING**

Our sales professional will help you build a custom menu for your event and will assist you with all your event needs including staff, décor, linens, equipment and more.

### **DELIVERY AND SET-UP**

Complete set-up and tear down will be provided for a full service catering. Prices subject to 21% service charge. Free delivery in surrounding areas on orders over 25 people.

### **SERVICE PERSONNEL**

Our professional staff, including event supervisors, chefs, servers and bartenders, are available upon request.

### **ORDERING**

We appreciate your order as far in advance as possible. We do our best to accommodate last minute orders. Breakfast orders must be placed by noon for the next business day; lunch orders must be placed by 9:00 AM for same day delivery. Contact us at (563) 823-5304 or email us at [sales@frontierhg.com](mailto:sales@frontierhg.com).



## FOR CATERING INFORMATION

Please contact our sales team.

(563) 823-5304 • [sales@frontierhg.com](mailto:sales@frontierhg.com).

Ask about our full service banquet facility that can service parties  
up to 350 guests.

FREE DELIVERY on orders for 25 or more people.

Plastic plates, utensils and napkins are included.  
China available for an additional charge.

Frontier   
hospitality group  
CATERING

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