

COURTYARD®  
BY MARRIOTT

# EXPLORE OUR FLAVORS



COURTYARD® LAKELAND  
3725 Harden Blvd | Lakeland, FL 33803  
863.802.9000 | [Marriott.com/TPALK](https://www.marriott.com/TPALK)



# BREAKFAST

## 11 BISTRO BASIC CONTINENTAL

Assorted fruits, yogurts, muffins & scones. Served with assorted bottled juices, bottled water & Royal Cup Coffee

## 14 BISTRO DELUXE CONTINENTAL

Fruit and Berry bowl with fresh mint, assorted Chobani Greek yogurts, assorted muffins & scones, breakfast breads. Hard-cooked eggs w/ Maldon sea salt, pickled red onions & roasted tomatoes. Bagels w/ butter, cream cheese & Jelly. Served with assorted bottle juices, bottled water & Royal Cup Coffee.

## 16 FULL BREAKFAST BUFFET

Cage-Free scrambled eggs, sausage & bacon. Seasoned breakfast potatoes, assorted muffins & scones, bagels w/ butter, cream cheese & preserves. Fruit & berry bowl w/ fresh mint and assorted yogurts. Served with assorted juices, bottled water & Royal Cup coffee.

## 15 BREAKFAST TACOS

Soft flour tortillas, cage-free scrambled eggs, sausage & bacon, breakfast potatoes, salsa & shredded cheese. Served with assorted bottled juices, bottled water & Royal Cup Coffee.

## OPTIONAL UPGRADES

Add any of the following to enhance your menu selection:

Oatmeal Station | 3

French Toast or Pancakes | 4

Fresh Fruit Tray | 3

Upgrade to Starbucks Coffee | 2



# A MIDDAY REFRESH

## BREAKS



### 11 ALL DAY BEVERAGE PACKAGE

Assorted Pepsi soft drinks, bottled waters, Tazo teas & freshly brewed Royal Cup coffee.

### 13 THE STARBUCKS EXPERIENCE

Freshly brewed Starbucks coffee accompanied with hazelnut, caramel and vanilla syrups, whipped cream, Tazo teas, bottled water & assorted Pepsi soft drinks.

### 9 BASIC AM BREAK

Fruit and Berry bowl w/ fresh mint, banana bread, apple pecan muffins, hard-cooked eggs. Served with Maldon sea salt, pickled red onions & roasted tomatoes.

### 11 HEALTHY CHOICE BREAK

Hummus, celery, warm flatbread, raw vegetables w/ green goddess dressing, individual bags of nuts, individual bags of trail mix, protein bars & beef jerky.

### 10 SWEET TOOTH BREAK

Assorted freshly baked cookies, chocolate brownies, lemon pound cake, fresh popcorn & assorted chip selections.

### 12 BUILD YOUR OWN PARFAIT BREAK

Your choice of vanilla and Greek yogurt cups accompanied with granola pieces, seasonal fruit, honey, whipped cream, cranberries & walnuts.

### A LA CARTE ITEMS

Gallon of Royal Cup Coffee | 30 per pot

Gallon of Starbucks Coffee | 40 per pot

Fresh Brewed Iced Tea | 30 per pitcher

Fresh Baked Cookies | 6 per dozen



# LUNCH

## 19 SALAD AND SANDWICH BUFFET

Little Gem Caesar salad, modern cobb salad, roasted turkey BLT on sourdough, Green Goddess Chicken BLT, turkey avocado wrap, fruit and berry bowl w/ fresh mint and assorted chips & cookies. Served with Iced tea and assorted Pepsi soft drinks.

## 21 ITALIAN BUFFET

Choice of either Chicken Alfredo or Spaghetti, grilled seasonal vegetables, Caesar salad, garlic bread and chefs choice desert. Served with Iced tea and water.

## 23 ALL AMERICAN BBQ BUFFET

Choice of pulled pork or chicken w/ BBQ sauce, potato salad, BBQ baked beans, Texas toast, garden salad & chefs choice desert. Served with Iced tea and water.

## 25 CAJUN CHICKEN BUFFET

Blackened chicken or savory herb roasted chicken, mixed green salad, roasted garlic mashed potatoes, rolls & chefs choice desert. Served with Iced tea and water.

## 24 SOUTH OF THE BORDER BUFFET

Chicken and beef fajitas w/ sautéed onions & peppers, flour tortillas, shredded cheese, sour cream, Pico, lettuce, tomato, salsa, Spanish rice, refried beans and chefs choice desert. Served with Iced tea and water.

## 16 BOXED LUNCH

Choice of sandwich or wrap, turkey avocado wrap, buffalo chicken wrap or turkey BLT. Served with chips, cookie & assorted Pepsi soft drinks or water.





# APPETIZERS

Southwest chicken bite w/ jalapeno ranch | 5

Bacon wrapped roasted jalapeno w/ cream cheese | 4

Meatball lollipops | 4

Pulled pork sliders w/ slaw on mini toasted buns | 6

Marinated tomato & mozzarella crostini w/ balsamic reduction | 5

Shrimp cocktail | 9

Meat and cheese skewer | 6

Assorted cookies & brownies | 5

Assorted cheesecake and pound cake w/ luscious berry sauce | 6

Meat/cheese/fruit tray | 300

Vegetable tray w/ dip | 150

\*\*trays feed up to 40\*\*



# MEETING TECHNOLOGY

## INCLUDED WITH MEETING ROOM

- Wireless Internet
- Podium
- Pads & Pens
- Mounted projection screen
- Extension cords/power strips (upon request)
- Pitchers of water

## MEETING ESSENTIAL EXTRAS AVAILABLE

- LCD Projector | 50 day
- TV w/ meeting hookups | 20 day
- Flip chart w/ markers | 15 day
- Conference phone | 25 day
- Total A/V Package | 75 day

Includes LCD projector, screen, flip chart package and TV usage; everything a meeting planner would need to conduct a successful and productive meeting.





# MEETING SPACE

## WELCOME TO A REFRESHING APPROACH TO EVENTS

Whether you're planning a business meeting, family reunion or wedding rehearsal, having plenty of options and personalized attention can turn any occasion from special to spectacular. With our dedicated hospitality team standing by, we'll help you discover new ideas, provide on-site services, and make planning your event easier. From flexible meeting spaces, tasty and innovative catering, and audiovisual services, our expert staff can provide anything your event needs. We look forward to planning something together soon. The Courtyard® Events Team

## BAT A PERFECT FLORIDA STAY FROM OUR LAKELAND, FL HOTEL

Discover the brick-built wonderlands, breathtaking gardens, thunderous sports complexes and architectural wonders in Lakeland, a small Southern town built on a tradition of historic charm, urban arts, pro sports, and sun-soaked fun. In the finest of Florida traditions, Courtyard Lakeland extends warm Southern hospitality with inviting rooms & suites, free Wi-Fi, well-lit workspaces with ergonomic chairs and smart TVs with streaming capabilities. Stay in pro-ball shape at our fitness center and outdoor pool, then toast to Florida fun at the Bistro, our onsite restaurant.



	DIM. (L X W)	AREA(FT <sup>2</sup> )	HEIGHT	BANQ.	THTR.	CONF.	REC.	CLASS	U-SHAPE
KRASELSKY ROOM	21x18	378	8'		10	10			
BLUMBERG ROOM	27x25	675	8'	40	50	16	40	36	25

### ADDITIONAL INFORMATION

Food & Beverage must be purchased and served by the hotel, no outside food/catering is allowed. Printed menus are for general reference and can be customized to the specific needs of your event. **\*\*Pricing is Subject to Change at Anytime\*\***

The guarantee of total number of people in attendance will be required three (3) business days prior event. Should a guarantee not be submitted by the required time, the estimated number of attendees on the signed event order (or signed contract) will become the guarantee of attendance and not subject to reduction.

All food & beverage prices are subject to a taxable 20% gratuity and 7% state sales tax. Pricing is effective as of July 2019.

If shipping materials to the hotel, please include the company/group name, event manager and date of meeting on the outside of the package. The hotel cannot assume responsibility for the damage or loss of merchandise sent for storage.

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