

Breakfast

Continental Deluxe

\$17.95

Bagel Stop Over (minimum 10 persons)

\$19.95

(minimum 10 persons)

Assorted Chilled Fruit Juices

Selection of Assorted Croissants, Fruit Danish and Home Baked

Muffins

Low-fat Fruit Yogurts

Sliced Seasonal Fruits and Berries

Fresh Brewed Regular and Decaffeinated Coffee and an

International Blend of Herbal Teas

Fruit Preserves, Jams, Butter and Honey

Assorted Chilled Fruit Juices

Selection of Home Baked Bagels served with Soft Cream Cheese

and Peanut Butter

Sliced Vine-Ripened Tomatoes and Domestic Sliced Cheese

Home Baked Fruit Breads

Chilled Cottage Cheese and Honey

Fresh Brewed Regular and Decaffeinated Coffee and an

International Blend of Herbal Teas

Fruit Preserves, Jams, Butter and Honey

Healthy Start

\$19.95

Wake Me Up Breakfast Buffet

\$24.95

(minimum 10 persons)

Assorted Chilled Fruit Juices

Multigrain, Low-Fat Muffins and Assorted Bagels

Selection of Low-Fat Yogurts

Hot Oatmeal Station with Raw Sugar, Dried Cranberries and

Raisins

Sliced Seasonal Fruits and Berries

Fresh Brewed Regular and Decaffeinated Coffee and an

International Blend of Herbal Teas

Fruit Preserves, Jams, Butter and Honey

Assorted Chilled Fruit Juices

(minimum 10 persons)

Farm Fresh Scrambled Eggs a la Chef's Daily Creation

Smoked Country Bacon and Traditional Breakfast Sausages

Home Fried Potatoes

Assorted Whole and Multigrain Breads

Sliced Seasonal Fruits and Berries

Fresh Brewed Regular and Decaffeinated Coffee and an

International Blend of Herbal Teas

Fruit Preserves, Jams, Butter and Honey

A La Carte Breakfast Options

Whole Fresh Fruit	\$3.95 each
Fruit Salad with Berries	\$5.95 per person
Chocolatines	\$3.95 each
Bagels and Cream Cheese	\$3 each
Assorted Cold Cereals with 2% Milk	\$3.95 per person
Muesili	\$3.95 per person
Assorted Croissants and Breakfast Pastries	\$40 per dozen
Home Baked Muffins	\$36 per dozen
Low Fat & Fruit Yogurts with Granola	\$5.95 per person
And Honey	
Sliced Fresh Fruit with Berries	\$6.95 per person
Scones	\$4.95 per person
Smoked Country Bacon	\$3.95 per person
Pork Breakfast Sausages	\$2.95 per person
Turkey Bacon or Turkey Sausages	\$3.00 per person
Italian Sausage with Onions and Peppers	\$4.95 per person
Grilled Roma Tomatoes	\$2.50 per person
Sautéed Button Mushrooms	\$2.95 per person
Roasted Root Vegetables	\$4.50 per person
Country Style Potatoes	\$2.50 per person
Potato Puffs	\$2.95 per person
Brioche French Toast	\$3.95 per person
Belgian Waffles	\$3.95 per person
Buttermilk Pancakes	\$3.95 per person
Baked Beans	\$2.50 per person
Assorted Breads and Bagels served with	\$5.95 per person
Fruit Preserves, Jams and Butter	

Ultimate Breakfast Options

Eggs Benedict /Florentine (choose one)	\$4.50 per person
Steamed Vegetables	\$4.50 per person
Berry and Granola Yogurt Parfait	\$4.50 per person
Oatmeal Station	\$5.00 per person

AM & PM Break Options

Chocolate Fudge Brownies	\$39.95 per dozen
Freshly Baked Cookies	\$31.95 per dozen
Whole Fresh Fruit	\$3.95 each
Fruit Salad with Berries	\$5.95 per person
Assorted Mini Donuts	\$4.95 each
Fruit Skewers with Yogurt Dip	\$6.95 per person
Rice Pudding Cups	\$4.50 each
Assorted Low Fat and Fruit Yogurts	\$2.95 each
Domestic Cheese Platter	\$12.95 per person
Vegetable Crudite with Dip	\$5.95 per person
Individually Packaged Granola Bars	\$3.95 each
Pretzels, Chips and Assorted Nuts	\$16.95 per person
Assorted Fruit Mousse Squares	\$4.95 per person
Churros with Whipped Cream and	
Chocolate Sauce	\$5.00 per person
Nachos and Salsa with Sour Cream	\$4.00 per person
**add Guacamole	\$2.00 per person

A La Carte Beverage Selections

Regular and Decaf Coffee and Teas	\$3.95 per person
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Medium Urn of Coffee (30 cups) \$69.95 Large Urn of Coffee (50 cups) \$99.95

Hot Chocolate \$3.95 per person

Cold 2% and Skim Milk (250 ml) \$3.95 each
Chocolate Milk (2%, 250 ml) \$3.95 each
Assorted Bottled Juices (300 ml) \$3.95 each
Bottled Water \$3.95 each
Tomato Juice \$3.95 each
Seasonal Fresh Smoothies \$5 each
Assorted Soft Drinks \$3.95 each

Specialty Breaks

The Cookie Jar

\$15.95

(minimum 15 persons)

Fresh Baked Assorted Cookies
Cold 2%, Skim and Chocolate Milk
Hot Chocolate
Fresh Brewed Regular and Decaffeinated Coffee and an
International Blend of Herbal Teas

Stay Fit \$17.95

(minimum 15 persons)

Yogurt Station served with Granola and Honey
Home Baked Oatmeal Cookies
Sliced Fresh Fruit with Berries
Fresh Vegetable Crudite with Dip
Bottled Water
Fresh Brewed Regular and Decaffeinated Coffee and an
International Blend of Herbal Teas

Cheese, Fruit and More...

\$19.95

(minimum 15 persons)

Canadian & International Cheese Board with Crackers
Trio of Dips with Pita Bread
Sliced Fresh Season Fruits with Berries
Fresh Brewed Regular and Decaffeinated Coffee and an
International Blend of Herbal Teas

English Tea Time

\$19.95

(minimum 15 persons)

Selection of Scones with Fruit Preserves and Butter
Traditional Cocktail Sandwiches
Assortment of Mini French Pastries
Fresh Brewed Regular and Decaffeinated Coffee and an
International Blend of Herbal Teas

Chocolate Delight

\$18.95

(minimum 15 persons)

Truffle Chocolate Brownie Squares
Chocolate Chip and Double Chocolate Cookies
Hot Chocolate
Chocolate Milk
Bottled Water
Fresh Brewed Regular and Decaffeinated Coffee and an International Blend of Herbal Teas

Lunch Buffets

The Gourmet Sandwich Board

\$34.95

(minimum 15 persons)

Chef's Daily Soup from the Kettle (vegetarian and dairy free) *Choice of Two Salads:*

Market Salad with Cucumber and Tomatoes in Balsamic Dressing

Chopped Salad - Diced Iceberg, Romaine, Boiled Eggs, Tomatoes, Bacon, Feta Cheese with Ranch Dressing Quinoa, Spinach and roasted Vegetable Salad

Sandwiches Prepared on Multigrain Bread, Kaiser Buns, Focaccia and Ciabatta:

(Select 4 options)

- Tuna and Caper Salad with Red Onion and Peppers
- Tomato, Bocconcini and Arugula with Basil Pesto
- Smoked Turkey, Swiss cheese, Lettuce, Tomato and Cranberry Mayonnaise
- Smoked Chicken, Roasted Red Peppers, Swiss Cheese, Red Onion and Parsley
- Curry Spiked Egg Salad with Scallions
- Char-grilled Antipasto Vegetables, Feta Cheese and Basil Aioli

Freshly Baked Cookies
Individual Bags of Potato Chips
Fresh Brewed Regular and Decaffeinated Coffee and an
International Blend of Herbal Teas

Make Your Own Sandwiches

\$34.95

(minimum 15 persons)

Chef's Daily Soup from the Kettle (vegetarian and dairy free)
Mesclun of Spring Greens, Sundried Cranberries, Cucumber, and
Carrot Strings with a Light Balsamic Dressing
Tuscan Pasta Salad with Sundried Tomatoes, Olives and a Basil
Pesto Marinade

Includes the following:

- Assorted Artisanal Breads
- Sliced Tomato, Cucumber, Greens and Spreads
- Sliced Smoked and Cured Meats
- Char-grilled Vegetables
- Selection of Cheddar and Swiss Cheese
- Curry Spiked Egg Salad with Scallions
- Tuna Salad with Capers, Red Onion and Parsley

Chocolate Truffle Squares

Fresh Brewed Regular and Decaffeinated Coffee and an International Blend of Herbal Teas

Wrap It Up

\$34.95

(minimum 15 persons)

Chef's Daily Soup from the Kettle (vegetarian and dairy free)

Baby Romaine and Spinach Salad with Candied Spiced Pecans, Strawberries, and Feta, with a Honey Dijon Dressing Red Bliss Potato Salad with Grain Mustard Dressing

Assorted Flour and Whole Wheat Tortilla Wraps

Selection of:

- Black Forest Ham and Swiss Cheese with Honey Dijon
 Spread
- Tuna and Caper Salad with Red Onion and Parsley
- Smoked Turkey, Arugula, Red Peppers with Basil Aioli
- Grilled Mediterranean Vegetable Julienne, Feta Cheese and Hummus

Assorted Squares and Chocolate Fudge Brownies
Individual Bags of Potato Chips
Fresh Brewed Regular and Decaffeinated Coffee and an
International Blend of Herbal Teas

Cucina Italiano

\$38.95

(minimum 20 persons)

Chef's Daily Soup from the Kettle (vegetarian and dairy free)

Fresh Baked Rolls and Butter

Traditional Caesar Salad with Parmesan, Garlic Croutons and Bacon Bits

Antipasto Platter with Smoked Cured Meats

Italian Herb Roasted Chicken with Tomato Garlic Basil Marinara Sauce

Ricotta and Beef Cannelloni topped with Rose Sauce Fusilli Pasta with Mushrooms and Onions in Pesto Cream Sauce Steamed Vegetable Medley

Selection of Italian Pastries Fresh Brewed Regular and Decaffeinated Coffee and an International Blend of Herbal Teas

Oh Canada

\$38.95

(minimum 20 persons)

Chef's Daily Soup from the Kettle (vegetarian and dairy free)
Freshly Baked Rolls and Butter
Heritage Green Salad with Shoestring Carrots, Cucumber, and
Tomatoes in a Poppy Seed Dressing

Roasted Ontario Chicken Breast with a Mushroom Thyme Sauce Pan Seared Salmon with a Dill Butter Sauce

Herb Roasted Potatoes or Rice Pilaff (choose one) Steamed Vegetable Medley

Truffle Chocolate Squares
Fresh Brewed Regular and Decaffeinated Coffee and an International Blend of Herbal Teas

Opa!

\$38.95

(minimum 20 persons)

Chef's Daily Soup from the Kettle (vegetarian and dairy free)
Freshly Baked Rolls and Butter
Traditional Greek Salad

Marinated Chicken Souvlaki with Lemon & Oregano Broth, with Tzatziki Sauce Sole Paupiettes with Caper Butter Sauce

Greek Style Lemon Pepper Roasted Potatoes Medley of Steamed Vegetables Saffron Rice

Baklava and Assorted Pastries
Fresh Brewed Regular and Decaffeinated Coffee and an
International Blend of Herbal Teas

Tex-Mex Burger Bar \$38.95 (minimum 15 persons)

(minimum 20 persons)

Chef's Daily Soup from the Kettle (vegetarian and dairy free) Freshly Baked Rolls and Butter **Mexican Chopped Salad**

Choice of Two (2):

- Chicken Fajitas Station with Tortillas, Salsa, Guacamole, Sour Cream, and Shredded Cheddar
- Mexican Style Chilli Con Carne
- Dill Crusted Sole

Cumin Flavored Mexican Red Bean Rice Steamed Medley of Vegetables

Churros with Whipped Cream and Chocolate Sauce Fresh Brewed Regular and Decaffeinated Coffee and an International Blend of Herbal Teas

Red Bliss Potato Salad with Grain Mustard Dressing **Creamy Cole Slaw** Market Salad with Cucumber and Tomatoes in Balsamic Dressing

\$38.95

Charbroiled "AAA" Canadian Beef Burgers **Chicken Burgers Vegan Burgers Burger Buns**

Assorted Cold Fixings: Lettuce, Tomatoes, Dill Pickles, Mustard, Ketchup, Mayonnaise, Sliced Cheddar and Swiss Cheese

Individual Bags of Potato Chips Mini Donuts with Whipped Cream and Fruit Toppings & Fruit Salad Fresh Brewed Regular and Decaffeinated Coffee and an International Blend of Herbal Teas

Dinner Buffet

\$48.00

(minimum 30 persons)

Fresh Baked Rolls with Creamery Butter Chef's Daily Soup from the Kettle (vegetarian and dairy free)

Heritage Lettuce Leaves, Cucumber, Tomato with House Dressing

Caesar Salad Station with Crisp Romaine, Parmesan Cheese, Garlic Croutons and Classic Caesar Dressing Potato Salad with Capers, Red Onion in Grainy Mustard Vinaigrette

Greek Style Pasta Salad with Olives, Oregano and Feta Cheese

Antipasto Platter of Grilled Vegetables, Olives, Cured and Smoked Meats

Entrees - Choice of Two (2):

- Chicken Breast with Red Wine Jus
- BBQ Glazed Chicken Breast
- Slow Roasted Strip Loin of Beef with Au Jus with Horseradish
- Atlantic Salmon Fillets with Lemon Caper Berry Sauce
- Sole Paupiettes with Dill Cream Sauce
- Spinach and Cheese Manicotti in a Basil Rose Sauce
- Penne Pasta with Grilled Vegetables and a Rustic Tomato
 Sauce

Chef's Selection of Fresh Seasonal Market Vegetables, Roast Potatoes or Rice Pilaff

Chef's Dessert Table:

- Assortment of French Pastries and Flans
- Selection of Bite Sized Mousse
- Sliced Seasonal Fresh Fruits

Fresh Brewed Regular and Decaffeinated Coffee and an International Blend of Herbal Teas

Gluten Free Options available on request

Plated Dinners

(minimum 25 persons)

Soup or Salad (choice of one)

- Chef crafted seasonal soup
- Mesclun of spring greens, arugula, cucumber, tomatoes and carrots with a house dressing
- Caesar salad with crisp romaine, parmesan cheese, garlic croutons and classic Caesar dressing
- Baby spinach and arugula with strawberries & cranberries in a poppy seed dressing
- Roma tomato, marinated olives and boccocini cheese with arugula in a pesto dressing

Entrée (choice of one)

- Portobello mushroom ravioli in a light basil cream sauce \$35.00
- Supreme of chicken stuffed with goat cheese and roasted vegetables in a tarragon jus \$38.00
- Lemon-thyme supreme of chicken with a shallot port wine jus \$38.00
- Grilled Ontario AAA beef strip-loin in a rosemary red wine jus \$38.00
- Roasted Pacific wild salmon with a fennel saffron sauce \$38.00
- Sole Paupiettes stuffed with crab in a lemon dill sauce \$36.00

- Chianti braised lamb shank with a rosemary red wine jus \$42.00
- Grilled Angus beef tenderloin and tiger shrimp with garlic & parsley butter \$45.00

Plated dinner includes: Chef's selection of fresh seasonal market vegetables, potatoes, rice or pasta and fresh baked rolls and creamery butter

Dessert (choice of one)

- Double Chocolate Brownie, Whipped Cream with Glazed Pecans
- Apple blossom with a warm vanilla bean sauce
- Baked New York cheesecake with wild berry compote
- Rich truffle cake, strawberry coulis and fresh berries

Freshly brewed Coffee and International blend of Herbal Teas

Reception Packages

Premier Reception Package

(minimum 25 persons)

Selection of Hot Hors D'oeuvres and Cold Canapés (5 pieces per person)

Domestic and International Cheese Board with Crackers Crisp Sliced Vegetables with Dip

Elite Reception Package

\$39.95

\$29.95

(minimum 25 persons)

Selection of Hot Hors D'oeuvres and Cold Canapés (7 pieces per person)

Assorted Cocktail Sandwich Platter with Slider, Finger and Open-Faced Sandwiches
Grilled Vegetable & Antipasto Platter
Dips Trio with Pita

Presidential Reception Package \$42.95

(minimum 25 persons)

Selection of Hot Hors D'oeuvres and Cold Canapés (10 pieces per person)

Domestic and International Cheese Board with Crackers Smoked Salmon & Meat Antipasto Platter Crisp Sliced Vegetables with Dip

Reception Menu Options

Domestic and International Cheese Board With Crackers	\$12.95 per person
Grilled Vegetable & Meat Antipasto	\$12.95 per person
Assorted Cocktail Sandwiches (20 pcs)	\$65.00 per platter
Fresh Fruit and Berry Skewers with	\$10.95 per person
Honey-Lime Dip	
Sliced Fresh Seasonal Fruit and Berries	\$6.95 per person
Fresh Vegetable Crudites and Dips	\$5.95 per person
Bowl of Potato Chips, Pretzels or Cajun Nuts	\$12.95 per bowl
Selection of Squares and Brownies	\$37.95 per dozen
Assortment of Mini French Pastries	\$39.95 per dozen
Celebration Cake – Full Slab	\$95
Celebration Cake – Half Slab	\$65

Enhancers

Smoked Atlantic Salmon with Lemon,	\$275
Capers and Pickled Onions	
Jumbo Shrimp Pyramid with Cocktail Sauce	\$375

Cold Canapés

\$32.95 per dozen

(minimum order of 2 dozen)

Smoked Salmon on Crostini with Caper & Dill

Lobster Salad in Mini Pitas

Marinated Shrimp and Avocado

Smoked Chicken Bruschetta

Paprika Dusted Quail Egg

Prosciutto and Melon

Goat Cheese Bruschetta

Roasted Vegetables & Feta on a Crostini

Herbed Goat Cheese in Phyllo Cups

Chef's Signature Desserts \$32.95 per person

Assortment of French Pastries and Tarts

Chocolate Truffle Bites

Fresh Fruit and Berry Skewers

Selection of Mini Cheese Cakes

Sliced Fresh Fruit and Berries

Hot Chocolate

Fresh Brewed Regular and Decaffeinated Coffee and an

International Blend of Herbal Teas

Hot Hors D'oeuvres

\$32.95 per dozen

(minimum order of 2 dozen)

Korean Beef Skewers

Mini Beef Wellingtons

Assorted Quiche (Lorraine, Florentine, Mushroom)

Coconut Crusted Butterfly Shrimp

Crab and Brie in Phyllo

Oriental Spring Rolls

Vegetable Samosa with Mint Sauce

Spinach and Cheese Spanakopita

Thai Chicken Tulip

Moroccan Chicken Rolls