



# Breakfast Table Buffet

40

## Made to Order Omelet

(ask your server) two egg omelet with your selection of bacon bits, breakfast sausage, sliced mushrooms, melted cheddar

## Hot Buffet

scrambled eggs, pork link sausage, hickory smoked bacon, chicken apple sausage, home fried breakfast potatoes, and cheese blintz

## Bakery Table

a selection of fresh baked morning pastries to include assorted croissants, muffins, Danish, choice of toast, bagel, gluten free breads and muffins

## Dim Sum Basket

char siu bao, mushroom pot stickers

## Organic Steel Cut Oatmeal

with raisins, cinnamon, brown sugar

## Cold Cuts and Cheese

turkey, salami, ham, Swiss, cheddar

## Fresh Cut Fruit

grapefruit, pineapple, watermelon, honeydew, cantaloupe, raspberries, strawberries

## Assorted Cereals

Frosted Flakes, Cheerios, Total Raisin Bran, Granola, Special "K", Cocoa Puffs, Corn Flakes, Rice Chex

## Yogurt Selection

assorted non-fat and low-fat yogurt, Greek yogurt

## Superfoods

tofu, walnuts, apples, blueberries, tomatoes, Norwegian style smoked salmon, dried super fruits

## Beverages

Starbucks® coffee, assorted Teavana® teas and fresh juices, orange, grapefruit, apple, V-8, tomato, cranberry, pineapple or prune

Our SuperFoods breakfast menu features revitalizing dishes made from powerhouse ingredients rich in nutrients, antioxidants and taste delicious so you can start your day feeling recharged.

## BLUEBERRY BANANA SMOOTHIE 11

made with soy milk and served with an all natural granola brittle bar

## BERRY, APPLE AND GRANOLA MUESLI 15

plain yogurt, skim milk, honey, apple, banana, raspberry, blueberry, strawberry, walnuts, pomegranate essence

## ORGANIC GRANOLA BLUEBERRY PANCAKES 20

citrus berry salad, maple syrup and whipped butter

## BLUEBERRY, QUINOA AND RASPBERRY PARFAIT

15 non-dairy and sugar free, prepared with almond milk

## SMOKED SALMON, SILKEN TOFU, AVOCADO 18

toasted whole grain bagel, micro greens, grape tomatoes

## ST. FRANCIS CONTINENTAL 29

fresh bakery options, cereal, oatmeal, fruit and berries, a selection of local and international cheese, charcuterie, yogurt and smoked salmon. Includes a choice of coffee/tea or juice

## Eggs Benedict 26

two poached eggs on a toasted English muffin, Canadian bacon, sweet butter hollandaise sauce served with rosemary hash brown potatoes

## STEEL CUT OATMEAL 15

with raisins, cinnamon and brown sugar and fresh fruit

## Eggs Your Way 23

two eggs cooked to your liking, choice of hickory smoked bacon, pork link sausage or grilled ham,

## THE BAKERY OPTIONS 6

plain, whole wheat, everything or cinnamon raisin bagel, white, wheat, sourdough, rye toast or English muffin, *gluten free bread available upon request*

## TOASTED BAGEL & PHILADELPHIA CREAM

CHEESE 8 with Norwegian style smoked salmon, red onions, capers 18

## FRUIT PLATE 15

a selection of seasonal melons and coastal berries

## Hickory Smoked Bacon, Canadian Bacon,

Maple Glazed Ham or Pork Link Sausage 8

Hash Brown Potatoes 6, Grilled Tomatoes gf 6

One Egg gf 6 Two Eggs 9

## JUICE 6.50

orange, grapefruit, apple, V-8, tomato, cranberry, pineapple or prune

## STARBUCKS® COFFEE 7

Freshly brewed regular or decaffeinated

Regular or decaffeinated latte, cappuccino

Single/Double Espresso 4/5

Assorted Teavana® Teas 6

Hot Chocolate 6

## MILK

regular, non-fat, 2%, almond, chocolate or soy 6



WESTIN FRESH BY THE JUICERY  
Fuel your day and enhance your wellness.

## JUICES 11

- Carrot, Orange, Ginger, Turmeric & Mango
- Celery, Cucumber, Lime & Coconut Water

## SMOOTHIES 11

- Blueberries, Banana, Granola, Spinach, Chia Seeds and Soy Milk
- Raspberries, Strawberries, Mint, Rosewater, Dates and Soy Milk



### OUR SOURCING PROMISE

We actively seek out suppliers we trust, to source ethical, sustainable and organic ingredients wherever possible.

\*Consuming raw or undercooked meats, seafood, shellfish, or eggs may increase your risk of food-borne illness.

gf We pride ourselves in providing gluten friendly menu choices. While we strive to ensure those meals are safe for your diet, please be aware that they are being prepared in an environment where gluten is present.

"We are proudly supporting Children's Miracle Network (Hospitals) with a \$1.00 donation with every breakfast buffet sold." 9/19