## Lunch Entrée Salads

All Entrée Salads are served with freshly baked bread, coffee, tea & milk

Caesar
Chopped Romaine Lettuce tossed with Fresh Parmesan, Garlic Croutons,
House made Caesar Dressing and Cracked Pepper
Add Chicken13 Add Steak17
Southwest Chicken
Smoked Chicken Breast, Tomato, Olive, Scallion, Roasted Corn, and Avocado over
Romaine Lettuce with Fried Corn Tortilla Strips, and Chipotle Lime Vinaigrette
Roasted Turkey Cobb
Pulled Herb Roasted Turkey Breast, Boiled Egg, Bleu Cheese, Tomato, Avocado,
Olives, and BaconServed over Mixed Greens and Your Choice of Dressing
Chopped Greek
Grilled Garlic Marinated Chicken Breast, tossed with Mixed Greens, Kalamata Olives,
Tomato, Red Onion, Pepperoncini, Cucumber and Feta Cheese. Served with
Greek Vinaigrette and Grilled Pita Bread
Shrimp Farfalle16
Lemon Grilled Jumbo Shrimp, Roma Tomato, Baby Spinach, Toasted Garlic, Parmesan and
Feta Cheeses, Tossed with Farfalle Pasta with Lemon Chive Vinaigrette
Trio Salad Plate
Chicken, Tuna & Egg Salad served over Mixed Greens with Cottage Cheese, Fresh Fruit and Toasted Pita Chips
Jerk Chicken
Jerk Marinated and Grilled Chicken Breast over Romaine Lettuce with Fresh Pineapple,
Water Melon, Carrot, Cashew, Spring Onion, Spiced Rum Vinaigrette
Sesame Steak16
Red Curry Marinated NY Strip Steak, cooked to specification, served over Romaine Lettuce
with Baby Corn, Carrot, Scallion, Red Pepper, Toasted Peanut and Fried Wonton. Served
with a Sesame Ginger Vinaigrette

#### Served Luncheon Entrées

All luncheon entrées include house salad with choice of dressing, freshly baked bread, chef's choice of vegetable and starch, coffee, tea & milk.

Margarita Chicken
A Grilled, Marinated Chicken Breast topped with Fresh Pico de Gallo, Melted Cheddar & Avocado Cream
Chicken Parmesan
Chicken Marsala
Bourbon Pecan Chicken Breast
Parmesan Crusted Tilapia
Herb-Grilled Flank Steak22 Grilled, Marinated Flank Steak, Cucumber, Tomato, Onion Relish and Rosemary Mustard
Mushroom-Crusted Pork Tenderloin
Caribbean Jerk Shrimp22
Traditional Jerk Seasoned Jumbo Shrimp, Grilled and Topped with Roasted Pineapple Salsa

### Sandwiches

All luncheon sandwiches are served with your choice of French fries, house made BBQ chips, or pasta salad.

Deli Board Sandwich13
Choice of Smoked Turkey, Ham, Corned Beef, Bacon or Tuna Salad & American, Cheddar, Provolone or Swiss Cheese on choice of White, Wheat, Sourdough or Marble Rye, with Lettuce and Tomato
Traditional Clubhouse
Sliced Turkey, Ham, Cheddar & Swiss on your choice of Toasted Bread with Applewood Bacon, Lettuce & Tomato
All and Country on Days and
Abbey Springs Burger
Chicken Caesar Wrap13
Blackened Chicken Breast, Romaine, Parmesan, Tomato, Caesar Dressing in a Tortilla Wrap
Chicken Cobb Wrap
Grilled Chicken Breast, Egg, Avocado, Bacon, Lettuce & Tomato wrapped in Flat Bread with
Smoked Chicken Quesadilla13
Steak Quesadilla

#### **Boxed Lunches**

All boxed lunches are served with fresh whole fruit, potato chips, freshly baked cookie, and a bottle of water.

Italian Hoagie	18
An Italian Style Submarine Sandwich Piled High with Genoa Salami, Provolone Cheese,	
Lettuce, Tomato, Onion & Italian Herb Vinaigrette.	
Grilled Chicken Sandwich	18
Chilled Marinated Chicken Breast Topped with Roasted Red Peppers, Sweet Onion and Provolone Cheese, Leaf Lettuce, Ripe Tomatoes and Caesar Mayonnaise.	
Southwest Chicken Wrap	18
Grilled Chicken Breast, Pico de Gallo, Cheddar, Jack, Romaine, Cilantro Rice, Avocado, Tortilla Chips & Salsa,	
Deli Sandwich	18
Ham & Cheese, or Roast Turkey & Cheese on your choice of	
White, Wheat, Sourdough or Marble Rye	
Club Croissant	18
Ham, Turkey, Bacon, Swiss, Cheddar, Lettuce, Tomato on a Croissant	

# **Luncheon Buffets**

Available from 10am-3pm. Minimum of 25 guests required.

Deli Buffet
Fajita Bar
American Classic Buffet
Garden Tossed Salad, Yankee Pot Roast with Mushroom Gravy, Southern Fried Chicken, Mashed Potatoes, Macaroni and Cheese, Buttered Green Beans, Fresh Baked Rolls and Apple or Peach Pie
Abbey Springs Picnic Barbeque
Old Time BBQ Buffet
BBQ Chicken, Baby Back Ribs, Bratwurst with Sauerkraut, Corn on the Cob, Baked Beans, Loaded Potato Salad, Watermelon, Pasta Salad and a Platter of House Baked Cookies
Little Italy Buffet25
Traditional Caesar Salad, Tomato and Mozzarella Salad with Balsamic & Basil Oil, Pesto Penne Pasta with Pinenuts & Tomatoes, Grilled Chicken Farfalle w/ Sundried Tomato Cream & Baby Spinach, Grilled Italian Sausage & Meatballs, Fresh Grated Parmesan Cheese & Garlic Cheese Bread and Tiramisu
The Bistro
Tossed Mixed Green Salad with Roasted Garlic Vinaigrette Dressing, Tomato and Mozzarella Salad with Balsamic & Basil Oil, Roasted Eye Round of Beef with Port Wine Reduction, Chicken Picatta, Herb-Crusted Salmon with Herb Aioli, Seasonal Vegetables & Rice Pilaf, French Bread & Rolls and Mixed Berry Tartlet

#### **Buffet Add-Ons**

All add-ons are based on a price per person basis, unless otherwise noted		
Corn on the Cob2 each	Roasted Summer Vegetable Salad2	
Boneless Skinless Chicken Breast5	Greek Pasta Salad2	
BBQ Split Chicken Breast & Ribs15 Watermelon Boat with Cubed Fruit 60/each (feeds 20-25pp)	Loaded Potato Salad2	
	Tomato and Cucumber Salad2	
Baked Beans2	Coleslaw1	
Watermelon on the Rind2	Baked Potatoes w/Butter & Sour Cream2	
Tortilla Chips and Salsa3	Barred Foracoes w/ Butter & Jour Gream2	