

Crisp, cool air is on it's way! Not to worry, we have a new Fall menu that will warm you up! We are featuring brand new tasty recipes - take a look at the delicious toast bars filled with flavours, the homecoming specialty, build your own chilled apple cider cocktail and more! These delicious dishes are available for a limited time. Contact our Catering department to schedule your next event with delicious food and impeccable service. To place an order or speak with the catering department please call, email or order on-line at: <https://ramapocatering.catertrax.com/>

GET COZY



BREAKFAST

Apple Cinnamon Raisin Parfait

1 Parfait | 220 cal

Raw oats, milk, maple syrup and cinnamon chilled overnight topped with chopped apples

\$3.49 each / minimum order 15 people



Farmers Egg Breakfast Bowl

1 Bowl | 290 cal

Freshly prepared Italian breakfast potatoes topped with scrambled eggs, ham, onions, peppers & finished with cheddar cheese

\$6.99 each / minimum order 15 people

Add-Ons to the breakfast bowl:

- Scrambled Egg White (2 oz | 70 cal) \$1.50/bowl  

Toast Bar

1 Toast | 230-330 cal

Start your morning right with a delicious selection of our signature Toasts!

\$4.99 per guest / minimum order 15 people



GRAB AND GO SANDWICHES

Served with Chips, Side Salad, Cookie or Brownie, and Soda or Water



Turkey Pesto Provolone Sandwich

1 Sandwich | 440 cal

Oven roasted turkey, sundried tomato pesto on whole wheat bread with leaf lettuce, provolone & pickled red onions

\$12.99 per guest

Fresh Mozzarella & Red Pepper Rollup

1 Sandwich | 350 cal

Fresh mozzarella, spring mix, roasted eggplant and roasted yellow and red peppers with a basil lemon yogurt spread

\$12.99 per guest

GRAB AND GO SALADS

Served with Chips, Side Salad, Cookie or Brownie, and Soda or Water

Roasted Beets, Pear, Orange and Goat Cheese Salad

1 Salad | 380 cal

Baby spinach, roasted red and golden beets tossed with cranberry vinaigrette with oranges, pear, goat cheese and walnuts

\$13.99 per guest / minimum order 10 people

SPECIALTY STATIONS

Homecoming

1 Guest | 1270-2520 cal

Autumn: is a good time to surround yourself with good food, good friends and family. You'll fall in love with this comforting and delicious, cool-weather menu.

Bon Appétit!

\$23.99 each / minimum order 20 people

Hot Pretzel Station

1 Guest | 180-500 cal

Pretzel your way to the pretzel bar! Set this up as a fun afternoon break, or pair this with a salad, beverages and dessert for a complete meal!

\$6.99 each / minimum order 25 people

Popcorn Bar

1 Guest | 40-300 cal

Fresh Popped Popcorn with your choice of Seasoning. Create, Toss and Eat.

\$4.99 each / minimum order 15 people

 VEGAN  VEGETARIAN  MINDFUL

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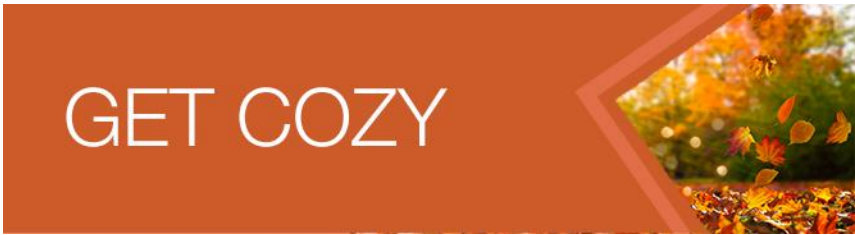
2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information is available.

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FLAVOURS
by sodexo

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BREAKFAST

Toast Bar 1 Toast | 230-330 cal

Start your morning right with a delicious selection of our signature Toasts!

\$4.99 per guest / minimum order 15 people

Choose Two Signature Toasts:

- **Plain Jane** | 250 cal Sourdough toast topped with crunchy peanut butter, strawberry jam and fresh sliced strawberries
- **Avocado Chimichurri Toast** | 320 cal Sliced roasted garlic toast topped with avocado, chimichurri, radish and baby arugula
- **Chickpea Hash on Toast** | 250 cal Sliced rosemary olive oil bread topped with chickpea, sweet potato, pepper hash and fresh cilantro
- **Almond Butter & Caramelized Banana Toast** | 330 cal Sliced sourdough bread with almond butter, caramelized bananas, roasted almonds and dark chocolate
- **Honey Granola Toast** | 230 cal Sourdough toast topped with Greek yogurt, dates, granola and honey

Add-On additional signature toast for \$2.49/guest

VEGAN VEGETARIAN MINDFUL

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information is available.

SPECIALTY STATIONS

Hot Pretzel Station 1 Guest | 180-500 cal

Pretzel your way to the pretzel bar! Set this up as a fun afternoon break, or pair this with a salad, beverages and dessert for a complete meal!

\$6.99 each / minimum order 25 people

Bavarian Soft Pretzel Stick (1 stick | 180 cal)

Condiments/Toppings:

- Cheese Sauce (2 oz | 230 cal)
- Jalapeño Cheese Sauce (2 oz | 45 cal)
- Chipotle Ranch Dressing (2 oz | 45 cal)
- Honey Mustard Sauce (1 tbsp | 100 cal)
- Spicy Brown Mustard (1 tbsp | 80 cal)
- Yellow Mustard (1 tbsp | 15 cal)
- Taco Seasoning (1 tsp | 10 cal)
- Cajun Seasoning (1 tsp | 10 cal)
- Kosher Salt (1 tsp | 0 cal)
- Ranch Dressing Mix (1 tsp | 5 cal)

Popcorn Station 1 Guest | 40-300 cal

Fresh popped popcorn with your choice of seasoning. create, toss and eat.

\$4.99 each / minimum order 15 people

Popcorn (1 Cup | 40 cal)

Toppings:

- Cinnamon Ground (1/2 tsp | 0 cal)
- Cayenne Pepper (1/2 tsp | 0 cal)
- Brown Sugar (1/2 tsp | 10 cal)
- Garlic Powder (1/2 tsp | 0 cal)
- Curry Powder (1/2 tsp | 0 cal)
- Grated Parmesan Cheese (1/2 tsp | 0 cal)

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FLAVOURS
by sodexo*

SPECIALTY STATIONS

Homecoming 1 Guest | 1270-2520 cal

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\$23.99 each / minimum order 20 people

Choose one entree:

- Roast Turkey (4 oz | 100 cal)
- Eggplant Parmesan Casserole (1 ea | 130 cal)
- Ancho Mango Bbq Glazed Chicken Breast (3 oz | 110 cal)
- Beef Brisket (4 oz | 270 cal)

Choose up to four sides:

- Green Beans with Lemon and Walnuts (3 oz | 210 cal)
- Roasted Brussel Sprouts (4 oz | 170 cal)
- Corn and Green Onion Pudding (1 square | 110 cal)
- Chipotle Roasted Butternut Squash (4 oz | 260 cal)
- Glazed Roasted Root Vegetables (4 oz | 190 cal)
- Truffle Oil Mashed Potatoes (4 oz | 100 cal)
- Brown Sugar Glazed Sweet Potatoes (4 oz | 300 cal)
- Apple Cider Red Cabbage Slaw (3 oz | 25 cal)
- Wild Rice, Apples & Walnuts Salad (3 oz | 150 cal)
- Bistro Potato Salad (3 oz | 7 cal)
- Pear Vegetable Salad (3 oz | 45 cal)

Choose up to three desserts:

- Apple Pie Crumble Snack Pot (1 Snack Pot | 230 cal)
- Apple Pie (1 slice | 410 cal)
- Pumpkin Pie (1 slice | 380 cal)
- Apricot Bars (1 bar | 190 cal)
- Peach Cobbler (1 slice | 320 cal)
- Sweet Potato Pie (In Season) (1 slice | 250 cal)

Included:

- Whipped Cream (2 Tbsp | 250 cal)