



THE LAKE COPELAND ROOM  
AT THE DELANEY

**Plated Lunch**

*Prices include starter and dessert*

**Starters (Select One)**

Chef's Daily Selection of Housemade Soup

Caesar Salad

Crisp Romaine, Parmesan & Garlic Croutons

Delaney Salad

Butter Lettuce, Romaine & Radicchio with Citrus Sections, Slivered Almonds, Grape Tomatoes, Onion Straws, Citrus Vinaigrette

Spinach Salad

Baby Spinach with Strawberries, Feta Cheese, Sliced Red Onions, Sliced Toasted Almonds, Poppy Seed Balsamic Dressing

**Entrees (Select One)**

**Blackened Chicken Bowl \$26**

Blackened Chicken Strips on Cilantro Lime Rice, Black Beans, Pico de Gallo, Cotija Cheese, Avocado & Ranch Chipotle

**Grilled Chicken Pasta \$25**

Boneless Chicken Breast, Farfalle Pasta, Sundried Tomato, Kale, Basil Alfredo, Balsamic Glace

**Roasted Chicken \$28**

Vinaigrette, Tomato Basil Concasse on a Bed of Wild Rice

**Tuscan Style Flat Iron Steak \$32**

with Roasted Herbed Potatoes, Warm Asparagus & Tomato Salad

**Grilled Mahi Piccata \$30**

with Roasted Garlic Mash, Pan Roasted Haricot Vert

**Tequila Lime Shrimp \$32**

Sautéed with Tomatoes, Onions and Peppers, Saffron Rice, Topped with Fresh Avocado Relish

**(V) Vegetarian Pasta \$24**

Orzo with Lemon Pesto, Fresh Spinach, Asparagus, Tomato, Tricolored Peppers, Garlic Citrus Butter

**Desserts (Select One)**

Triple Chocolate Layered Torte

Homestyle Apple Cobbler with Whipped Cinnamon Cream

Chocolate Chip Cheesecake

Carrot Cake with Mascarpone Icing

Strawberry Mousse Pie

All lunches include Ice Water, Assorted Rolls with Butter, Freshly Brewed Coffee, Decaffeinated Coffee and Herbal Teas and Iced Tea



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**Lunch Buffets**

**Build Your Own Lunch Buffet \$39 (Two Entrees)**

(Prices based on 90 minutes)

**Starters (Select Two)**

Chef's Daily Selection of Housemade Soup

Mediterranean Orzo Salad

Caprese Salad with Fresh Mozzarella & Beefsteak  
Tomatoes, Balsamic Vinaigrette

Kale & Butternut Squash Salad

Grilled Artichoke Salad

Mixed Greens with Tomatoes, Shredded Carrots,  
Cucumbers, Shredded Cheddar and Butter Roasted  
Croutons with choice of Vinaigrette & Ranch  
Dressings

**Main Course (Select Two)**

Rosemary Chicken, White Wine Garlic Sauce

Pork Loin, Dijon Cream Sauce

Honey Ginger Glazed Mahi

Grilled Chicken Parmesan

Beef Bulgogi Stir Fry

(V) Vegetable Paella with Yellow Squash, Peas,  
Peppers and Onions

**Sides (Select Two)**

Herbed Wild Rice

Cilantro Lime Rice

Roasted Fingerling Potatoes

Garlic Mashed Potatoes

Warm Grilled Asparagus & Tomato

Mixed Grilled Vegetables

Butter Braised Cauliflower & Butternut Squash

**Desserts (Select Two)**

Triple Chocolate Layered Torte

Nutella Cheesecake

Dessert Shooters (**select three**) Apple Crisp,  
Chocolate Mousse, Key Lime, Devil's Food, Red  
Velvet, Lemon Meringue

Quatro Leches Cake with Coconut Whipped  
Topping

Carrot Cake with Mascarpone Icing

Peanut Butter Pie



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**Lunch Buffets Cont'd**

**New York Deli \$32**

Apple Bacon Potato Salad  
Smoked Salmon Waldorf Salad  
Chunky Curry Chicken Salad  
Sliced Honey Ham, Roasted Turkey, Roast Beef,  
Genoa Salami  
Sliced Cheeses  
Wheat Rolls, Pumpnickel Rye, Challah,  
Sourdough Rolls & Pretzel Rolls  
Sliced Pickles, Onions, Traditional Condiments  
Kettle Chips  
Red & Green Apples, Bananas  
Brownies, Blondies & Cookies

**Go Green \$30**

Mixed Greens to Include: Kale, Fresh Spinach and  
Crisp Romaine  
Fresh Mushrooms, Cucumber, Celery, Carrot,  
Tomato, Diced Egg, Onion, Olives,  
Green Pepper, Raisins, Sesame Seeds, Slivered  
Almonds  
Waldorf Chicken Salad  
Bay Shrimp Salad  
Tropical Fruit Salad  
Mediterranean Orzo Salad  
Whole Wheat Rolls, Lavosh, Sprouted Grain Bread,  
Gluten Free Bread  
Frozen Greek Yogurt Cups & Frozen Fruit Cups  
Infused Waters – Cucumber, Citrus & Berry

All lunch buffets include Ice Water, Assorted Rolls  
with Butter, Freshly Brewed Coffee, Decaffeinated  
Coffee and Herbal Teas and Iced Tea