

Lunch

FULL PLATTER SERVES 12 PEOPLE
'NO GLUTEN' AND VEGAN OPTIONS
AVAILABLE

Wrap platter

\$110 | FULL PLATTER, SERVES 12
\$55 | HALF PLATTER, SERVES 6
PLATTER INCLUDES:

JERK CHICKEN WRAP

Grilled jerk marinated chicken breast and creamy apple coleslaw with mango chutney spread on a whole wheat wrap

TEX MEX TURKEY WRAP

Sliced turkey breast, tomato, guacamole and chipotle mayo spread on a tomato tortilla wrap

EGG SALAD WRAP

Classic egg salad on a whole wheat wrap

BUFFALO CHICKPEA WRAP VG

Buffalo chickpea salad, tomato and blue cheese mayo in a whole wheat tortilla wrap

Artisan platter

\$115.50 | FULL PLATTER, SERVES 12
\$57.75 | HALF PLATTER, SERVES 6
PLATTER INCLUDES:

ITALIAN CIABATTA

Sliced ham, prosciutto, salami, provolone cheese, arugula and roasted garlic mayo spread on a ciabatta

CHIMICHURRI STEAK BAGUETTE

Sliced Philly steak, sauteed red pepper and onion, arugula and chimichurri mayo spread on a fresh baked baguette

TURKEY, CRANBERRY AND BRIE CROISSANT

Sliced turkey breast, sliced apple, brie and cranberry mayo spread on a croissant

PESTO CAPRESE CIABATTA VG

Bocconcini cheese, tomato, arugula, fresh basil, balsamic glaze and pesto spread on a ciabatta



Between bread package

YOUR SELECTION OF DELI-STYLE SANDWICHES, ONE SANDWICH PER PERSON INCLUDES FAIR TRADE COFFEE, TEGA TEA, ASSORTED CANNED BEVERAGES, FRESH HOUSE BAKED COOKIES, SIGNATURE KETTLE CHIPS WITH SRIRACHA DIP AND CHOICE OF SIDE
MINIMUM 10 PEOPLE

\$20 | PERSON

SANDWICH SELECTIONS

SELECT THREE OPTIONS:

- Grilled chicken Caesar wrap
- Ham and Swiss ciabatta
- Roast beef and caramelized onion on a pretzel roll
- Tuscan tuna salad baguette
- Roasted sweet potato and hummus baguette **VG**
- Egg salad croissant **VG**
- Chef's selection of sandwiches and wraps

SIDES

SELECT ONE OPTION:

Salads:

- Classic Caesar salad
- Market lettuce salad **VE GF NF**
- Quinoa kale and sweet potato salad **VE GF NF DF**
- Canadian Bean and Bell Pepper salad **VE GF NF DF**

Soups:

- Soup du jour
- Tomato and roasted pepper **VG**
- Corn lentil **VG**
- Butternut squash and red lentil **VG**
- Italian wedding
- Spicy chicken gumbo

Chef's choice lunch

SANDWICHES OR WRAPS, CHOICE OF SOUP OR SALAD OF THE DAY AND ASSORTED FRESH HOUSE BAKED COOKIES
MINIMUM 6 PEOPLE

\$16 | PERSON

ADD SRIRACHA DIP FOR ADDITIONAL \$0.75 PER PERSON

Served with signature kettle chips

'No gluten' and vegetarian options available

No substitutions are permitted



Hot lunch buffets

INCLUDES ICE WATER, PRICED PER PERSON

MINIMUM 10 PEOPLE

HALAL OPTIONS ARE AVAILABLE AT AN ADDITIONAL PRICE OF \$1.75 PER PERSON

'NO GLUTEN' AND VEGAN OPTIONS AVAILABLE

SEASONAL QUICHE BUFFET (VE AVAILABLE)

Seasonal 4" individual quiche

Served with two salads of your choice or a salad and choice of soup (Classic Caesar salad, market lettuce salad, egg, bacon and spinach salad) and fruit tarts

\$18.25 | PERSON

CHILI BAR (VE AVAILABLE)

Beef or vegetarian chili served with house baked rolls and assorted toppings

Served with assorted house baked cookies

\$13.50 | PERSON

LASAGNA LOVERS BUFFET (VE AVAILABLE)

Beef lasagna and vegetable lasagna, Caesar salad, garlic bread and chocolate brownies

Minimum of 15 people

\$19.25 | PERSON

TAJ MAHAL BUFFET (VE AVAILABLE)

Butter chicken or chana masala served with basmati rice and warm naan

Served with assorted house baked cookies

\$14.50 | PERSON

WESTERN BBQ BUFFET (VE VE AVAILABLE)

Beef burgers on buns, lettuce, tomatoes, onions, mustard, ketchup and relish. Served with two salads of your choice (Classic Caesar salad, market lettuce salad, grainy dijon potato salad) individual bagged chips and fresh house baked cookies

Add sautéed onions, sautéed mushrooms, bacon or cheese add \$1.25 each

Substitute chicken burgers add \$1.25

Vegan burgers, vegan buns and 'no gluten' buns available upon request

\$18.25 | BUILD YOUR OWN BURGERS

MONTREAL SMOKED MEAT BUFFET

Warm Montreal smoked meat sandwiches with Swiss cheese, and mustard on traditional rye bread

Served with market lettuce salad with assorted dressing, potato wedges and Nanaimo bars

\$18.25 | PERSON

MAKE YOUR OWN TACO BAR (VE AVAILABLE)

Two soft shell tacos with choice of beef or sautéed vegetables. Includes sour cream, salsa, shredded lettuce, bean salsa, tomato, rice, and Mexican corn

Served with seasonal pie

\$17.25 | PERSON



Salads

\$5 | PERSON
MAXIMUM OF 12 ORDERS
\$53 | BOWL
BOWL SERVES 12 PEOPLE

CLASSIC CAESAR SALAD

Crisp romaine lettuce, Parmesan cheese, croutons and bacon on the side

MARKET LETTUCE SALAD VE GF NF

Seasonal vegetables and assorted dressings

EGG, BACON AND SPINACH SALAD GF NF

Bacon, egg, mushrooms and tomatoes on baby spinach

Served with assorted dressings

Premium salads

\$5.50 | PERSON MAXIMUM OF 12 ORDERS
\$59.50 | BOWL BOWL SERVES 12 PEOPLE

QUINOA KALE AND SWEET POTATO SALAD VE GF NF DF

Quinoa, kale, sauteed mushrooms and red onion with red wine vinaigrette

GREEK SALAD VE GF NF

Cucumber, tomatoes, kalamata olives, mixed bell peppers, red onion and feta cheese on romaine lettuce

Served with balsamic dressing

SIGNATURE SALAD VE GF NF

Quinoa, heirloom carrots, beets, turnip, red radish and Greek feta with balsamic vinaigrette

JERK SWEET POTATO SALAD VE GF NF DF

Diced sweet potato, red pepper, green onion and fresh cilantro with jerk vinaigrette

CANADIAN BEAN AND BELL PEPPER SALAD VE GF NF DF

Mixed bean medley, corn, red onion, mixed bell peppers and fresh parsley with apple cider vinaigrette

THAI SLAW VE GF NF DF

Shredded red and green cabbage, carrot, red pepper, green onion, snow pea, fresh cilantro and sesame seeds with thai vinaigrette crafted feature salad

GRAINY DIJON POTATO SALAD VE GF NF

Mini red potato salad with grainy dijon mustard vinaigrettes

Soups

\$5.50 | PERSON
INCLUDES CRACKERS
MINIMUM 6 PEOPLE

MADE FRESH IN HOUSE

- Soup du jour
- Tomato and roasted pepper VE
- Corn lentil VE
- Butternut squash and red lentil VE
- Italian wedding
- Spicy chicken gumbo

MAKE YOUR OWN BUDDHA BOWL VE GF DF

MINIMUM 6 PEOPLE

A selection of brown rice, quinoa, diced roasted sweet potato, spinach, kale, Moroccan roasted chickpeas, diced tomatoes, shredded carrots and dried nuts and fruits

Served with assorted vinaigrettes and tahini lemon garlic dressing

\$12.25 | PERSON

ADD ONS GF

Grilled chicken or tofu. Served chilled

\$7.50 | PERSON



Pizzas

16" PIZZA CUT INTO EIGHT PIECES, SERVES FOUR TO FIVE PEOPLE
MADE WITH SIGNATURE SEASONING

10" 'NO GLUTEN' PIZZA CUT INTO SIX PIECES, SERVES TWO TO THREE PEOPLE

SIGNATURE TRIPLE CHEESE ^{VG}

Mozzarella, orange cheddar and white cheddar

\$24.25 | PIZZA

GARDEN VEGETABLE ^{VG}

Mushrooms, peppers, spinach and red onions

\$25.50 | PIZZA

HAWAIIAN

Canadian bacon and pineapple

\$25.50 | PIZZA

PEPPERONI

Pepperoni and cheese

\$25.50 | PIZZA

TUSCAN KALE

Prosciutto and kale with cherry tomatoes and Parmesan

\$26.50 | PIZZA

QUATTRO MUSHROOM ^{VG}

Portabella, crimini, oyster and shitake mushrooms with Parmesan

\$26.50 | PIZZA

TIKKA MASALA ^{HL}

Chicken tikka, onions and mozzarella

\$27.50 | PIZZA

VEGAN FLATBREAD ^{VE DF}

Bell pepper, onion and mushroom with vegan mozzarella

\$22 | PIZZA

GLUTEN FREE 10" PIZZAS ^{GF}

- Signature triple cheese ^{VG GF}
- Garden vegetable ^{VG GF}
- Tuscan kale
- Quattro mushroom ^{VG GF}
- Tikka masala ^{HL GF}

\$11 | PIZZA

CHEF MOHAN'S SIGNATURE ^{HL LC}

Inspired by Chef Mohan's first Canadian culinary journey in Whistler

Alberta AAA ground beef with ranch and zaatar spice on a hand stretched house made flat bread

\$29.25 | PIZZA



Boxed meals

SERVED IN A RECYCLABLE BOX OR COMPOSTABLE BAG
 'NO GLUTEN' OPTIONS AVAILABLE
 PRICED PER PERSON
 MINIMUM 6 PEOPLE

PROTEIN SNACK BENTO ^{VG}

Kale and quinoa salad, hard boiled egg, dried banana chips, individual assorted yogurt, apple and individual assorted protein bar

\$10.50 | PERSON

CLASSIC KAISER

One classic Kaiser sandwich, choice of:

- Tuna salad
- Egg salad
- Ham
- Roast beef
- Turkey
- Grilled vegetable

\$13.50 | PERSON

INCLUDES VEGETABLES AND DIP, WHOLE FRUIT,
 BAKED COOKIE AND CANNED JUICE
 MAXIMUM 3 SELECTIONS PER EVENT

