## Sheraton

SILVER SPRING HOTEL



## Executive Meeting Menu

Menu is Offered Buffet or Plated for Groups of 11 to 20 Guest.
For Groups of 10 Guest or Less, the Menu is offered as Plated Only.

For more information please call 301.563.3729 or email us at rneam@sheratonsilverspring.com.

## Sheraton

## Lunch \& Dinner

## MICA'S SOUP \& SALAD BAR 26

When Plated, Choose One Choice of Soup,
One Salad \& Chef's Choice of Dessert per Group
Chef's Thoughtful Soup of the Day
Freshly Baked Rolls and Butter
Bistro Wedge Salad
Beefsteak Tomatoes, Pickled Red Onions, Crumbled
Blue, Bacon Bits, House Dressing
Mica Caesar Salad
Heirloom Drop Tomatoes, Parmesan Garlicky Bread Croutons, Pecorino Dressing, Chopped Herbs

Bay Water Greens Salad
Heirloom Drop Tomatoes, Crisp Cucumbers \& Shredded Carrots, Red Wine Vinaigrette

Chef's Choice of Dessert
Tazo Iced Tea

## ENHANCEMENTS

Priced per person

Grilled Marinated Chicken 4
Blackened Salmon 6
Grilled Skirt Steak 6

MICA'S SANDWICH BUFFET 34
When Plated, Select Up to Three Sandwich Options per Group with Same Two Side Orders \&
Dessert per Group
Double Stacked Reuben
Shaved Pastrami, Sauerkraut, Aged Swiss, Rustic Marble Rye Bread

All Natural Turkey BLT
Farmer's White Bread, Lemon Aioli, Crispy Bacon, Shaved Lettuce,
Beefsteak Tomatoes, Sharp Cheddar
Avocado Grilled Cheese
Grilled Tomatoes, Crispy Arugula, Smoked Gouda, Honey Wheat Bread

Smoked Chicken Quesadilla
Wilted Spinach, Roasted Corn, Garlic \& Herb Tortilla

## SIDES

Select Three for Buffet
Select Two per Group for Plated

Today's Thoughtful Soup
Bistro Wedge Salad
House Blackened Kettle Chips
Creamy Coleslaw
Garlicky String Beans
Chef's Choice of Dessert
Tazo Iced Tea

MICA'S FAVORITES 38
For Buffets, Select Two Main Entrees Per Group. When Plated, Select up Three Entrees per Group, with Same Two Sides \& Dessert per Group

Chef's Thoughtful Soup of the Day
Freshly Baked Rolls and Butter
Mica's Caesar Salad
Smoked Half Chicken
House Green Goddess Dressing

Honey Broiled Salmon
Thyme \& Honey Glaze
Pan Seared NY Steak
Veal Reduction Butter
Roasted Vegetable Rigatoni
Wilted Spinach, Baby Tomatoes, Parmesan Cheese

## SIDES

Select Three for Buffet
Select Two per Group for Plated
Today's Thoughtful Soup
Idaho Potato Puree
Market's Vegetable
Bistro Wedge Salad
Garlicky String Beans
Balsamic Grilled Asparagus
Chef's Choice of Dessert
Tazo Iced Tea

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## Breakfast

## RISE \& SHINE 18

Fresh Whole Fruit
Yogurt \& Granola
Local Honey
Assorted Muffins
Fresh Chilled Juices
Freshly Brewed Starbucks Blend Regular \& Decaffeinated Coffee
Medley of Tazo Teas with Honey \& Lemon

## EARLY RISER 21

Sliced Seasonal Fruit \& Berries
Assorted Breakfast Breads \& Pastries to Include
Bagels, Muffins
Condiments to include Jams, Jellies, Butter, Cream Cheese
Fresh Chilled Juices
Freshly Brewed Starbucks Blend Regular \& Decaffeinated Coffee
Medley of Tazo Teas with Honey \& Lemon

## SILVER SPRING STARTER 23

Sliced Fresh Seasonal Fruit \& Berries
Vanilla, Honey \& Granola Parfaits
Hot Oatmeal with Assorted Toppings
Assorted Breakfast Breads \& Pastries
Freshly Brewed Starbucks Blend Regular \& Decaffeinated Coffee
Medley of Tazo Teas with Honey \& Lemon
BREAKFAST ENHANCEMENTS
Priced per person
Turkey Sausage Breakfast Burrito 5
Egg White \& Spinach Quiche 5
Ham, Egg \& Cheese Omelets 5

