



Executive Meeting Menu

Menu is Offered Buffet or Plated for Groups of 11 to 20 Guest. For Groups of 10 Guest or Less, the Menu is offered as Plated Only.

For more information please call 301.563.3729 or email us at rneam@sheratonsilverspring.com.

SHERATON SILVER SPRING HOTEL 8777 Georgia Avenue Silver Spring, MD 20910

sheratonsilverspring.com



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Lunch & Dinner

MICA'S SOUP & SALAD BAR 26

When Plated, Choose One Choice of Soup, One Salad & Chef's Choice of Dessert per Group

Chef's Thoughtful Soup of the Day

Freshly Baked Rolls and Butter

Bistro Wedge Salad Beefsteak Tomatoes, Pickled Red Onions, Crumbled Blue, Bacon Bits, House Dressing

Mica Caesar Salad Heirloom Drop Tomatoes, Parmesan Garlicky Bread Croutons, Pecorino Dressing, Chopped Herbs

Bay Water Greens Salad Heirloom Drop Tomatoes, Crisp Cucumbers & Shredded Carrots, Red Wine Vinaigrette

Chef's Choice of Dessert

Tazo Iced Tea

ENHANCEMENTS Priced per person Grilled Marinated Chicken 4

Blackened Salmon 6

Grilled Skirt Steak 6

MICA'S SANDWICH BUFFET 34

When Plated, Select Up to Three Sandwich Options per Group with Same Two Side Orders & Dessert per Group

Double Stacked Reuben Shaved Pastrami, Sauerkraut, Aged Swiss, Rustic Marble Rye Bread

All Natural Turkey BLT Farmer's White Bread, Lemon Aioli, Crispy Bacon, Shaved Lettuce, Beefsteak Tomatoes, Sharp Cheddar

Avocado Grilled Cheese Grilled Tomatoes, Crispy Arugula, Smoked Gouda, Honey Wheat Bread

Smoked Chicken Quesadilla Wilted Spinach, Roasted Corn, Garlic & Herb Tortilla

SIDES

Select Three for Buffet Select Two per Group for Plated

Today's Thoughtful Soup Bistro Wedge Salad House Blackened Kettle Chips Creamy Coleslaw Garlicky String Beans Chef's Choice of Dessert Tazo Iced Tea

MICA'S FAVORITES 38

For Buffets, Select Two Main Entrees Per Group. When Plated, Select up Three Entrees per Group, with Same Two Sides & Dessert per Group

Chef's Thoughtful Soup of the Day

Freshly Baked Rolls and Butter

Mica's Caesar Salad

Smoked Half Chicken House Green Goddess Dressing

Honey Broiled Salmon Thyme & Honey Glaze

Pan Seared NY Steak Veal Reduction Butter

Roasted Vegetable Rigatoni Wilted Spinach, Baby Tomatoes, Parmesan Cheese

SIDES

Select Three for Buffet Select Two per Group for Plated

Today's Thoughtful Soup Idaho Potato Puree Market's Vegetable Bistro Wedge Salad Garlicky String Beans Balsamic Grilled Asparagus Chef's Choice of Dessert



Breakfast

RISE & SHINE 18

Fresh Whole Fruit Yogurt & Granola Local Honey Assorted Muffins Fresh Chilled Juices Freshly Brewed Starbucks Blend Regular & Decaffeinated Coffee Medley of Tazo Teas with Honey & Lemon

EARLY RISER 21

Sliced Seasonal Fruit & Berries Assorted Breakfast Breads & Pastries to Include Bagels, Muffins Condiments to include Jams, Jellies, Butter, Cream Cheese Fresh Chilled Juices Freshly Brewed Starbucks Blend Regular & Decaffeinated Coffee Medley of Tazo Teas with Honey & Lemon

SILVER SPRING STARTER 23

Sliced Fresh Seasonal Fruit & Berries Vanilla, Honey & Granola Parfaits Hot Oatmeal with Assorted Toppings Assorted Breakfast Breads & Pastries Freshly Brewed Starbucks Blend Regular & Decaffeinated Coffee Medley of Tazo Teas with Honey & Lemon

BREAKFAST ENHANCEMENTS

Priced per person

Turkey Sausage Breakfast Burrito 5 Egg White & Spinach Quiche 5 Ham, Egg & Cheese Omelets 5