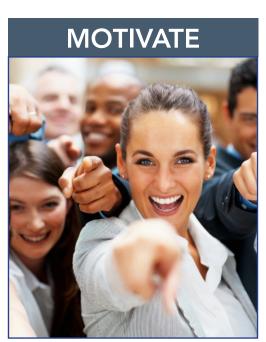


Why host BORED room meetings?

When you can host meetings that...







# MEETINGS THAT MATTER

# **FOOD FOR THOUGHT**

## **BREAKFAST STATION**

### **Breakfast Sandwiches**

Choice of Two: Canadian Bacon, Pork Sausage, Peppered Bacon, Turkey Bacon, Grilled Tomato on a Toasted English Muffin, Whipped Butter, Tillamook Cheddar Cheese and Fried Egg

## **Yogurt Parfait Bar**

Selection of Plain and Flavored Greek Yogurts, Fresh Berries, Fruit Compote, Nuts and Granola

## French Toast

Grand Mariner - Egg Dipped Brioche, Warm Maple Syrup

## Construct a Breakfast Bagel

All Your Bagel Favorites Ready to be Become Your Own Delicious Concoction

Chilled Juices Served with Breakfast

## **MORNING BREAK**

## Wake Up!

Pretzels, Crisp Apples, Peanut Butter and Honey Electrolyte Water

## **DIY Trail Mix**

Assorted Nuts, Candy, Dried Fruit, Rainier Cherries, Savories, Chips, Marshmallows

## **Sugar Time**

Chocolate Chip Cookies, Double Fudge Brownies, Bottled Water and Soda

## **Breakfast Deviled Eggs**

Bacon and White Cheddar, Gruyere and Caramelized Onion, Black Pepper, and Smoked Paprika

## **LUNCH**

#### Farmer

Build Your Own Salad with Fresh Vegetables, Grilled Chicken, Assorted Dressings, Assorted Toppings, Fresh Baked Breads and Two House-Made Soups

### Taco Bar or Burrito Bar

Corn and Flour Tortillas Ready to be Stuffed with All Your Favorite Flavors

## **Tuscan**

Antipasto Salad, Penne Pasta Marinara, Chicken Alfredo, Grilled Vegetable Flatbread

## **AFTERNOON BREAK**

## **Sweet and Salty**

Candy Bars, Yogurt Pretzels, Trail Mix, Nuts, Chocolate Covered Dried Fruit, Bottled Water and Soda

## Mediterranean Display

Hummus Trio, Whipped Feta Cheese with Sun-Dried Tomato, Roasted Red Pepper-Olive Spread, Pickled Cauliflower Carrots, Mixed Olives, Pita and Flatbreads, Bottled Water and Soda

## Who Needs Sugar

Fruit and Cheese Kababs, Cheesy Pita Chips and Hummus Dippers

### Craft Beers - So Near

Two Selections of Local Craft Beers with Pretzels and Cheese Sauce

Coffee, Tea, and Fruit Water Stations Available All Day

# **MEETINGS THAT MATTER**







## Engaging meetings make lasting impressions

## **STIMULATE**

Choice of Meeting Room Set-Up

**Breakfast** 

Morning Meet and Greet

Choice of 3
Team-building Activities

Morning Break

Lunch

Afternoon Break

Hot Scented Towel

Post Meeting Special offer for Attendees

\$100 per person

## MOTIVATE

Choice of Meeting Room Set-Up

Breakfast

Morning Meet and Greet

Choice of 2
Team-building Activity

Morning Break

Lunch

Afternoon Break

Hot Scented Towel

Post Meeting Special offer for Attendees

\$90 per person

## **CAPTIVATE**

Choice of Meeting Room Set-Up

Breakfast

Morning Meet and Greet

Choice of 1
Team-building Activity

Morning Break

Lunch

Afternoon Break

Hot Scented Towel

Post Meeting Special offer for Attendees

\$80 per person

All pricing is subject to 21% service charge and current applicable tax. Prices, menus, tax and service charge are subject to change.

# **UNLIMITED POSSIBILITIES**

**TABLETOPS** 

Choose your meeting room table setting for optimal productivity

### **BUTCHER BLOCK**

Cover tables in butcher block paper with colorful pens and markers for notes and doodling

#### **REACHING NEW HEIGHTS**

Giant jenga, building blocks, and play-doh

### **FUN & GAMES**

Taboo, connect four, other games

#### **GOOD TO BE A KID**

Mini toys, temporary tattoos, colorful candy dishes

#### **SHARP AS A TACK**

Rubik's cubes, brain teasers, puzzle cards, mad libs, puzzle games

### **FIDGET & FIDDLE**

Koosh balls, wacky tracks, tangle, spinners, cubes,

Ask us for fun contest ideas and prizes throughout the day to keep the creativity flowing and the spirit of "friendly competition" alive and well

## **ACTIVITIES**

## Choose your team-building and engaging activities

### **MORNING & MIDDAY STRETCH**

Stress bands provided with a 10-minute "instructor" led session of deep breathing, light stretching and posture focus

#### FRESH AIR WALK

Take a 15 or 25-minute stroll around the area - suggested walking path card provided with number of steps
Instructor led optional

#### **GROUP COMPETITIONS**

Choose from: blindfolded taste test, sense of smell, paper airplane, cookie decorating

## **SCAVENGER HUNTS**

Break your group into teams and search out special items throughout or outside the hotel

#### MEDITATION/ZEN ROOM

Quiet, no electronics allowed, yoga mats provided, spa water, oil diffuser, and essential oils

## **COMMUNITY**

## Give back to the community team-building

CLEAN THE WORLD BAGS
HUMANE SOCIETY
OUTING WITH THE FOOD BANK OR LOCAL COMMUNITY ORGANIZATION