



Why host BORED room meetings?

When you can host meetings that...

STIMULATE



MOTIVATE



CAPTIVATE



MEETINGS THAT MATTER

FOOD FOR THOUGHT

BREAKFAST STATION

Breakfast Sandwiches

Choice of Two: Canadian Bacon, Pork Sausage, Peppered Bacon, Turkey Bacon, Grilled Tomato on a Toasted English Muffin, Whipped Butter, Tillamook Cheddar Cheese and Fried Egg

Yogurt Parfait Bar

Selection of Plain and Flavored Greek Yogurts, Fresh Berries, Fruit Compote, Nuts and Granola

French Toast

Grand Mariner - Egg Dipped Brioche, Warm Maple Syrup

Construct a Breakfast Bagel

All Your Bagel Favorites Ready to be Become Your Own Delicious Concoction

Chilled Juices Served with Breakfast

MORNING BREAK

Wake Up!

Pretzels, Crisp Apples, Peanut Butter and Honey Electrolyte Water

DIY Trail Mix

Assorted Nuts, Candy, Dried Fruit, Rainier Cherries, Savories, Chips, Marshmallows

Sugar Time

Chocolate Chip Cookies, Double Fudge Brownies, Bottled Water and Soda

Breakfast Deviled Eggs

Bacon and White Cheddar, Gruyere and Caramelized Onion, Black Pepper, and Smoked Paprika

LUNCH

Farmer

Build Your Own Salad with Fresh Vegetables, Grilled Chicken, Assorted Dressings, Assorted Toppings, Fresh Baked Breads and Two House-Made Soups

Taco Bar or Burrito Bar

Corn and Flour Tortillas Ready to be Stuffed with All Your Favorite Flavors

Tuscan

Antipasto Salad, Penne Pasta Marinara, Chicken Alfredo, Grilled Vegetable Flatbread

AFTERNOON BREAK

Sweet and Salty

Candy Bars, Yogurt Pretzels, Trail Mix, Nuts, Chocolate Covered Dried Fruit, Bottled Water and Soda

Mediterranean Display

Hummus Trio, Whipped Feta Cheese with Sun-Dried Tomato, Roasted Red Pepper-Olive Spread, Pickled Cauliflower Carrots, Mixed Olives, Pita and Flatbreads, Bottled Water and Soda

Who Needs Sugar

Fruit and Cheese Kababs, Cheesy Pita Chips and Hummus Dippers

Craft Beers - So Near

Two Selections of Local Craft Beers with Pretzels and Cheese Sauce

Coffee, Tea, and Fruit Water Stations Available All Day

MEETINGS THAT MATTER



Engaging meetings make lasting impressions

STIMULATE

Choice of Meeting Room Set-Up

Breakfast

Morning Meet and Greet

**Choice of 3
Team-building Activities**

Morning Break

Lunch

Afternoon Break

Hot Scented Towel

Post Meeting Special offer for
Attendees

\$100 per person

MOTIVATE

Choice of Meeting Room Set-Up

Breakfast

Morning Meet and Greet

**Choice of 2
Team-building Activity**

Morning Break

Lunch

Afternoon Break

Hot Scented Towel

Post Meeting Special offer for
Attendees

\$90 per person

CAPTIVATE

Choice of Meeting Room Set-Up

Breakfast

Morning Meet and Greet

**Choice of 1
Team-building Activity**

Morning Break

Lunch

Afternoon Break

Hot Scented Towel

Post Meeting Special offer for
Attendees

\$80 per person

All pricing is subject to 21% service charge and current applicable tax. Prices, menus, tax and service charge are subject to change.

UNLIMITED POSSIBILITIES

TABLETOPS

Choose your meeting room table setting for optimal productivity

BUTCHER BLOCK

Cover tables in butcher block paper with colorful pens and markers for notes and doodling

REACHING NEW HEIGHTS

Giant jenga, building blocks, and play-doh

FUN & GAMES

Taboo, connect four, other games

GOOD TO BE A KID

Mini toys, temporary tattoos, colorful candy dishes

SHARP AS A TACK

Rubik's cubes, brain teasers, puzzle cards, mad libs, puzzle games

FIDGET & FIDDLE

Koosh balls, wacky tracks, tangle, spinners, cubes,

Ask us for fun contest ideas and prizes throughout the day to keep the creativity flowing and the spirit of "friendly competition" alive and well

ACTIVITIES

Choose your team-building and engaging activities

MORNING & MIDDAY STRETCH

Stress bands provided with a 10-minute "instructor" led session of deep breathing, light stretching and posture focus

FRESH AIR WALK

Take a 15 or 25-minute stroll around the area - suggested walking path card provided with number of steps
Instructor led optional

GROUP COMPETITIONS

Choose from: blindfolded taste test, sense of smell, paper airplane, cookie decorating

SCAVENGER HUNTS

Break your group into teams and search out special items throughout or outside the hotel

MEDITATION/ZEN ROOM

Quiet, no electronics allowed, yoga mats provided, spa water, oil diffuser, and essential oils

COMMUNITY

Give back to the community team-building

CLEAN THE WORLD BAGS HUMANE SOCIETY

OUTING WITH THE FOOD BANK OR LOCAL COMMUNITY ORGANIZATION