



**Sheraton®**

LAGUARDIA EAST HOTEL

# Buffet Style Breakfast

## **CONTINENTAL BREAKFAST (15 PERSON MINIMUM)**

Variety of Muffins, Croissants  
and Breakfast Pastries

Assorted New York Bagels  
With Butter, Assorted Cream  
Cheese and Fruit Preserves

Chilled Fruit Juices

Freshly Brewed Coffee,  
Decaffeinated Coffee and  
Herbal Teas

\$13.00

Please Add 21% Service Charge &  
8.875% NYS Tax

We Will Happily Customize Any Menu to Suit  
Your Personal Needs

## **THE ALL AMERICAN BREAKFAST (20 PERSON MINIMUM)**

Seasonal Fresh Fruits & Berries

Assorted Danish, Croissants,  
Muffins and Bagels  
with Butter Margarine, Cream  
Cheese, Assorted Flavored  
Cream Cheeses, Jams Jellies  
and Honey

Assorted Cold Cereals &  
Assorted Fruit Yogurts

Fluffy Scrambled Eggs

French Toast

Country Sausage — Crisp  
Bacon Strips

Seasoned Breakfast Potatoes

Fresh Orange & Cranberry Juice

Freshly Brewed Coffee, Decaffeinated  
Coffee and Herbal Teas

\$20.00

Please Add 21% Service Charge &  
8.875% NYS Tax

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Any guest consuming alcohol must be of legal drinking age.

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# Plated Breakfast Selections

## THE TRADITIONAL

Assorted Breakfast Pastries  
Butter & Preserves

Country Fresh Scrambled  
Eggs Choice of Sausage,  
Ham or Bacon

Seasoned Breakfast Potatoes

Chilled Florida Orange Juice  
Freshly Brewed Coffee,  
Decaffeinated Coffee and  
Herbal Tea

\$17.00 per person

## A TOAST TO YOU

Assorted Breakfast Pastries  
Butter & Preserves

Four Pieces of Egg Dipped Texas  
Toast Toasted with Honey Butter  
& Grilled to a golden brown

Choice of Sausage, Ham  
or Bacon

Seasoned Breakfast Potatoes

Chilled Florida Orange Juice  
Freshly Brewed Coffee,  
Decaffeinated Coffee and  
Herbal Tea

\$18.00 per person

## PERFECT ADDITIONS

Omelet Station with traditional  
accompaniments \$7.00

Hand Dipped French Toasts \$7.00

Belgian Waffle Quarters  
with Maple Syrup \$7.00

Traditional Nova Display  
with classical garnitures & New  
York bagels \$13.00

Hot Cereals Choose from Oatmeal,  
Cream of Wheat \$3.00

Corned Beef Hash \$4.00

Assorted Fruit Yogurts \$4.00

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# Brunch Buffet

Assorted Chilled Juices:  
Orange, Apple & Cranberry

Freshly Brewed Regular &  
Decaffeinated Coffee and  
Herbal Teas

## **FROM THE BAKERY**

Bagels, Croissants, Danish &  
Breakfast Pastries

## **MARKET STATION**

(Please select three)

Tomato & Mozzarella Salad

Fresh Field Green Salad with  
Assorted Dressings

Caprese Salad

Pasta Salad

Roasted Mushroom Salad

Red Onion, Cucumber &  
Tomato Salad

Fluffy Scrambled Eggs

Breakfast Potatoes

Bacon & Sausage

Cheese Blintzes with Sour Cream,  
Strawberries & Blueberries

Belgian Waffles or French toast  
with Maple Syrup

## **PASTA SELECTION**

Penne or Tortellini  
Served with A la Vodka, Primavera or  
Pomodoro Sauce

## **ENTRÉES**

(Please select two)

Teriyaki Roasted Pork Loin  
with Peach Soy Sauce

Boneless Braised Short Ribs

Parmesan Crusted Chicken Breast  
with Rosemary & Roasted Garlic Jus

Chicken Piccata

Salmon with Thyme Butter Sauce  
Tortilla Crusted Tilapia with Mango Salsa

Broiled Filet of Tilapia  
with Citrus Beurre Blanc Sauce

Parsley Crusted Salmon  
with Gremolata

**\$34.95 per person**

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# Perfect Additions

(25 PERSON MINIMUM)

## **“ALL AMERICAN BUFFET BREAKFAST OPTIONS”**

The following selections may be added to create an original & personalized breakfast buffet.

Omelet Station  
with traditional accompaniments  
\$6.95 per person  
(Plus \$125.00 Chef's Fee)

Hand Dipped French Toast or  
Belgian Waffle Quarters  
with Maple Syrup  
\$3.95 per person

Traditional Nova Display  
with classical garnitures & New York bagels  
\$12.95 per person

Hot Cereals  
Choose from Oatmeal, Cream of Wheat  
OR

Farina with Brown Sugar, Granola and  
Raisins  
\$3.25 per person

Corned Beef Hash  
\$12.95 per person

Assorted Fruit Yogurts  
\$2.95 per person

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# Gourmet Boxed Lunches

ALL LUNCHES INCLUDE POTATO CHIPS, COOKIE, WHOLE FRUIT & APPROPRIATE CONDIMENTS.  
ASSORTED SOFT DRINKS OR BOTTLED WATER.  
(PLEASE SELECT THREE PER DINING EXPERIENCE)

## **GRILLED CHICKEN CAESAR WRAP**

Grilled Breast of Chicken, Diced  
& tossed with Crisp Romaine &  
Caesar Dressing, Parmesan Cheese  
wrapped in a Flour Tortilla

## **VEGETARIAN WRAP**

Flour Tortilla filled with Grilled  
Marinated Seasonal Vegetables

## **TUNA SALAD SANDWICH**

Homemade Tuna Salad with Crisp  
Romaine served on Ciabatta Roll

## **DELI SANDWICH**

Roasted Turkey Breast & Swiss Cheese

Deli Style Ham & American Cheese

Thinly Sliced Roast Beef & Munster  
Cheese

On Brioche Bun with Lettuce & Tomato

\$19.00 per person

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# Deli Lunch Buffet

(25 PERSON MINIMUM)

## **FROM THE MARKET**

Potato Salad  
Red Blitz Potato, Celery, Red Onion  
and Mayonnaise

Macaroni Salad  
Elbow Pasta, Creamy Dressing  
and Parsley

Cole Slaw  
Green Cabbage, Cole Slaw Dressing  
and Shredded Carrots

Grilled Vegetable Platter  
Zucchini, Yellow Squash, Eggplant,  
Asparagus and Red Pepper

Assorted Gourmet  
Breads and Rolls

## **FROM THE CARVING BOARD**

Thinly Sliced Roast Beef

Oven Roast Turkey,  
Applewood Smoked Ham  
Genoa Salami  
Cheddar Cheese  
Swiss Cheeses  
Crisp Romaine Lettuce, Sliced  
Tomatoes, Red Onion & Pickles  
Appropriate Condiments

## **ASSORTED COOKIES & BROWNIES**

Freshly Brewed Coffee, Assorted Teas  
and Decaffeinated Coffee  
Assorted Diet and Regular Sodas  
and Bottled Water

\$26.00 per person

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# Grand Luncheon Buffet

(35 PERSON MINIMUM)

## MARKET SELECTIONS

(Please select one)

Traditional Caesar Salad  
Fresh Field Greens Salad

(Please select two)

Tomato & Mozzarella Salad  
Homemade Potato Salad  
Deli Style Cole Slaw  
Market Macaroni Salad  
Cucumber and Dill Salad  
Marinated Mushrooms Salad  
Tomato and Feta Cheese Salad  
Marinated Green Bean Salad

## ENTRÉE SELECTIONS

Rosemary Pork Loin  
with Port Wine Reduction

Sliced Roast Sirloin  
with Green Peppercorn Sauce

Grilled Skirt Steak  
with Tomato Cilantro Salsa

Striped Pangasius White Fish  
with Thyme Herb Chardonnay Sauce

Broiled Filet of Salmon  
with Lobster Sauce

Herb Crusted Mahi-Mahi  
with Mango - Pineapple Salsa

Chicken Puttanesca  
with Diced Stewed Tomatoes, Capers  
Onions, Olives,

Chicken Marsala  
with Sliced Sautéed Mushrooms,  
Parsley & Marsala Wine

Chicken Francese  
Egg Battered Boneless Breasts with  
Lemon, Parsley White Wine Sauce

Oven Roasted Chicken Cut in 8<sup>th</sup>  
with Natural Au Jus Sauce

## ACCOMPANIMENTS

(Please select one starch & one vegetable)

Italian Roasted Potatoes

Sheraton Fried Rice  
Shrimp, Pork, Egg, Peas

Traditional Fried Rice  
Egg, Peas, Corn

Whipped Potatoes  
Herb Rice Pilaf

Haricot Verts Green Beans & Carrots  
Broccoli & Cauliflower  
Medley of Seasonal Vegetables

Chef's Selection of Complementary  
Desserts

Freshly Brewed Coffee, Decaffeinated  
Coffee, Assorted Teas & Iced Tea

Buffet with Two Entrées: \$31.00

Buffet with Three Entrees: \$34.50

Please Add 21% Service Charge &  
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LAGUARDIA EAST HOTEL

# Chilled Plated Luncheon

ALL ENTREES ARE SERVED WITH A SELECTION OF ROLLS & BUTTER

## **TWO COURSES ENTRÉE**

(Please select one)

### Chicken Caesar Salad

Grilled Chicken Breasts on top of Classic Caesar Salad with Garlic Croutons and Shredded Parmesan Cheese

### Chef Salad

Sliced Strips of Ham, Oven Roast Turkey, Swiss Cheese, Cheddar Cheese on a bed of mixed Garden Greens tossed with Champagne Dressing

### Dill Poached Salmon Salad

Salmon Filet over Baby Mesclun Salad with Dill Marinated Cucumbers and Lemon Wedge

### Fresh Baby Spinach and Grilled Shrimp Salad

Baby Spinach Greens tossed Cherry Tomato, Shredded Carrots and Balsamic Dressing Topped with Candied Walnuts

## **DESSERT**

(Please select one)

### Carrot Cake

### New York Style Cheesecake

### Chocolate Mousse Cake

### Tiramisu

Freshly Brewed Coffee, Decaffeinated Coffee, Assorted Teas & Iced Tea

\$21.00 per person

Please Add 21% Service Charge & 8.875% NYS Tax

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LAGUARDIA EAST HOTEL

# Plated Luncheon

ALL ENTRÉES ARE SERVED WITH A SELECTION OF GOURMET BREADS & ROLLS WITH BUTTER

## SALADS

(Please select one)

Fresh from Our Garden Salad  
Cherry Tomatoes, Shredded Carrots &  
Cucumbers with Balsamic Vinaigrette

Spinach Salad  
Baby Greens, Walnut, Crumbled Blue  
Cheese with Raspberry Vinaigrette

Classic Caesar Salad  
Crisp Romaine, Creamy Caesar Dressing  
& Croutons with a Parmesan Crisp

Field Greens  
Mesclun Greens, Cherry Tomatoes, Red  
Onions, Champagne Dressing

## ENTRÉES

(Please select One)

( Additional Choice Selection add \$6 )

Chicken Piccata  
With Herb Wild Rice, Green Beans,  
and Lemon Parsley Sauce

Parmesan Crusted French Chicken Breast  
With Risotto, Broccoli and Rosemary Sauce

Breaded Chicken Parmesan  
On Top of Linguine with Marinara and Mozzarella

Chicken Breast Teriyaki  
with White Rice & Bok-Choy

Sautéed Chicken Breast  
Garlic Whipped Potatoes, Vegetable  
Medley and Red Wine Sauce

Grilled 8 oz New York Strip Steak  
Whipped Potatoes, Grilled Asparagus  
and Port Wine Sauce

Grilled Skirt Steak  
Homemade Chimichurri  
Oven Roasted Potatoes and Broccoli  
Florets

Petite Filet Mignon (6 oz)  
Au Gratin Potato, Baby Carrots  
and wild Mushroom Sauce

Chilean Sea Bass  
Pan Seared with Risotto, Sautéed Spinach  
and Chardonnay Parsley Cream Sauce

Grilled Salmon  
Herb Wild Rice, Roasted Baby Vegetables  
and Lobster Sauce

Shrimp Scampi  
Sautéed Shrimp with Asparagus Tips,  
served over Linguine with Lemon Garlic  
Sauce

## DESSERT

(Please select one)

Carrot Cake

New York Style Cheesecake

Chocolate Mousse Cake

Tiramisu

Freshly Brewed Coffee, Decaffeinated Coffee,  
Assorted Teas & Iced Tea

\$31.50 per person

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LAGUARDIA EAST HOTEL

# Asian–Western Dinner Buffet

(40 PERSON MINIMUM)

## MARKET SELECTIONS

(Please select one)

Traditional Caesar Salad  
Fresh Field Greens Salad

(Please select three)

Tomato & Mozzarella Salad  
Homemade Potato Salad  
Deli Style Cole Slaw  
Market Macaroni Salad  
Cucumber and Dill Salad  
Marinated Mushrooms  
Tomato and Feta Cheese Salad  
Marinated Green Bean Salad  
Asian Inspired Seaweed Salad  
Buckwheat Soba Noodles

## ENTRÉE SELECTIONS

Chicken Picatta  
Battered Breast of Chicken with Lemon  
Caper Sauce

Baked Filet of Salmon  
With Lobster Sauce

Grilled Skirt Steak  
With Tomato Cilantro Salsa

Chicken Puttanesca  
With diced stewed Tomatoes, Capers,  
Onions and Olives

Penne a la Vodka  
Creamy Pink Vodka Sauce

Sa-cha Beef  
Thinly sliced and stir fried with Peppers & Onions

Peking Style Pork Chop  
With Sweet and Sour Sauce

Steamed Seasonal Fish  
With Ginger and Scallions

Szechuan Chicken  
Peppers, Onions and Chili-Pepper Sauce

## ACCOMPANIMENTS

(Select One Starch and One Vegetable)  
Italian Roasted Potatoes

Sheraton Fried Rice  
Whipped Potatoes  
Rice Pilaf  
Sautéed Zucchini and Squash  
Green Beans  
Medley of Vegetables  
Stir Fried Asian Vegetable

## CHEF'S SELECTION OF COMPLEMENTARY DESSERTS

Freshly Brewed Coffee, Decaffeinated  
Coffee, Herbal Teas, & Assorted Sodas

Buffet with Two Entrées: \$38.00  
Buffet with Three Entrees: \$41.00

Please Add 21% Service Charge & 8.875% NYS Tax

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LAGUARDIA EAST HOTEL

# Plated Dinner

ALL ENTRÉES ARE SERVED WITH A SELECTION OF ROLLS WITH BUTTER

## SALAD

(Please select one)

### Garden Salad

Cherry Tomatoes, Shredded Carrots  
& Cucumbers with Balsamic Vinaigrette

### Classic Caesar Salad

Crisp Romaine, Creamy Caesar Dressing,  
Garlic Croutons and Parmesan

### Spinach Salad

Baby Greens, Walnuts, Dried Cranberries,  
Blue Cheese and Raspberry Vinaigrette

## ENTRÉES

(Please select two per dining experience)  
(add \$10 for Third Selection)

### New York Strip Steak

Blue Cheese Croquette Potatoes,  
Asparagus, Wild Mushroom Ragù

### Filet Mignon

Garlic Whipped Potatoes, Baby Carrots,  
Green Beans and Port Wine Sauce

### Skirt Steak

Au Gratin Potatoes, Medley of Vegetables  
with Tomato Cilantro Salsa

### Chicken Piccata

Herb Wild Rice, with Greens Beans,  
Roasted Peppers and Lemon Caper  
Sauce

### Chicken Marsala

Herb Roasted Potatoes, Broccoli  
& Cauliflower Florets, Mushroom Marsala Sauce

### Parmesan Crusted French Chicken Breasts

Herb Risotto, Asparagus and Rosemary Sauce

### Atlantic Salmon

Herb Wild Rice, Sautéed Spinach, and  
Lobster Sauce

### White Fish Rosettes

Twin Rolled Fish Topped with Herb  
Crumbs, Steamed Rice, Broccoli Florets  
and Chardonnay Sauce

### Mahi-Mahi

Pan Seared Filet with Brown Rice, Glazed  
Baby Carrots and Mango-Pineapple Salsa

### Pork Chop

Center Cut Chop with Whipped Potatoes,  
Zucchini & Squash and Calvados  
Apple Sauce

## DESSERT

(Please select one)

### Individual New York Style Cheesecake

### Chocolate Mousse Cake

### Tiramisu

Freshly Brewed Coffee, Decaffeinated  
Coffee, Herbal Teas, & Assorted Sodas

\$46.00 per person

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# Break Menu – a la Carte

## **BAKERIES**

(Prices per dozen)

Assorted Donuts  
\$25.00

Freshly Baked Muffins  
\$40.00

Fruit Filled Danish  
\$40.00

Large Croissants  
\$42.00

Bagels & Cream Cheese  
\$40.00

Medium Croissants  
\$25.00

American Fudge Brownies  
\$38.00

Assorted Jumbo Cookies  
\$35.00

## **~ SPECIALTY ITEMS ~**

Chocolate Dipped Strawberries  
\$36.00/dz

Individual Fruit Yogurts  
\$4.00/ea

Assorted Granola Bars  
\$27.00/dz

Assorted Biscotti  
\$28.00/dz

Selection of Finger Sandwiches  
\$225.00 (50)

Jumbo Pretzels with Mustard  
\$4.00/ea

Individual Bags of Popcorn,  
Pretzels, Potato Chips, Sun  
Chips, Nacho Chips  
\$36/dz

Assorted Miniature Italian  
Pastries and Petit Fours  
\$48.00/dz

Assorted Candy Bars  
\$30.00/dz

Season's Harvest Whole Fruit Selection  
\$2.50/ea

## **THIRST QUENCHERS**

(Charged on Consumption Individually)

American Premium Teas  
\$3.00/ea

Tropicana Twister Bottled Juices  
\$4.00/btl

Starbucks Brand Coffee  
\$45.00/gallon

Lemonade or Iced Tea  
\$35.00/gallon

Juice by the Gallon  
\$40.00/gallon

Assorted Sodas  
\$3.00

Water Still/Sparkling  
\$3.50

Milk – Whole, 2%, Skim, Chocolate  
\$3.50

Gatorade  
\$4.00

SoBe Go Lean Beverages  
Energy, Green Tea and Mango Melon  
\$5.00

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# Break Menu

(15 PERSON MINIMUM)

## **BASIC START**

\$11.00 Per person

Assorted Fruit Juices

Assortment of Fruit Filled and Cheese Danish & Fresh Baked Muffins

Assorted Bagels served with Butter, Cream Cheese and Preserves

Freshly Brewed Starbucks Brand Regular and Decaffeinated Coffees

## **MID MORNING REFRESHER**

\$10.00 Per person

Orange, Cranberry and Grapefruit Juices

Low Fat Muffins, Granola Bars, and an Assortment of Fruit Yogurt

Seasonal Fresh Fruit Platter

Assorted Herbal Teas

Freshly Brewed Starbucks Brand Regular and Decaffeinated Coffees

## **COOKIE JAR**

\$14.00 Per person

A Variety of Freshly Baked Cookies & Brownies

Freshly Brewed Starbucks Brand Regular and Decaffeinated Coffees

Chilled Whole & Chocolate Milk, Assorted Sodas and Bottled Spring Water

## **SOCIAL**

\$10.00 Per person

Fresh Baked Cupcakes, to include: Lemon Meringue, Red Velvet, Carrot Pineapple, and Chocolate Peanut Butter

Freshly Popped Corn Trail

Create your Own Blend: Dried Apricots, Craisins, Raisins, Mango and Freeze-Dried Raspberries

Served with Orange Mist and Smoked Paprika-Parmesan Toppings

Invigorating Tazo Hot Tea Collection:  
Darjeeling, Chai, Awake, Green Ginger, Envy Lemon Mate, and Refresh Mint

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