

# EAT MARKET

— *deli • bodega • organics* —

32 SE 2ND AVE, DELRAY BEACH, FL 33444

[www.iloveeatmarket.com](http://www.iloveeatmarket.com)

[catering@iloveeatmarket.com](mailto:catering@iloveeatmarket.com)

561-255-9423

## CATERING MENU

### The Breakfast Ave

\* All items are per person

#### Breakfast Sandwiches: \$6.95

Applewood bacon or ham, farm egg & cheese on an English muffin & fresh fruit,

Add a bagel \$1.25

#### The "Parfait" Spread: \$4.95

Bowls of low-fat Greek yogurt, granola & mixed berries. (Min. 5)

#### The "Classy" Continental: \$6.95

Bagels, Danish pastries & muffins served with cream cheese, butter & preserves & fresh fruit.

### The "Classic" Sandwich Platter \$8.95 (pp)

\* All sandwich platters are charged per person. 1 full sandwich per person cut in half & beautifully arranged on a platter. Sides are additional. Minimum of 5 people to a platter.

#### Tuna Salad

Tuna, red onion, celery, dill, mayo and lemon zest on mixed greens & tomato.

#### Egg Salad

Egg, red onion, celery, mustard, mayo and spicy dill on mixed greens & tomato.

#### Chunky Chicken Salad

Chicken, apple, grapes, celery, red onion and mayo on mixed greens & tomato.

#### Turkey Breast & Provolone

Freshly sliced turkey breast, provolone and mayo on mixed greens & tomato.

#### "Old School" Pastrami on Rye

Pastrami with coleslaw & a schmear of Dijon remoulade on the side.

#### The Veggie (V)

Roasted peppers, marinated portabella mushrooms, arugula & mozzarella.

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## The "Artisan" Sandwich Platter \$11.95 (pp)

\*All sandwich platters are charged per person. 1 full sandwich per person cut in half & beautifully arranged on a platter. Sides are additional. Minimum of 5 people to a platter.

### Mamma Luke

Grilled garlic bread, blackened Toscana salami, Sopressata, Mortadella, goats cheese, arugula & sweet chili mustard.

### Banh Mi Vietnamwich

Roasted pork loin, cucumber, pickled carrots, radish, garlic, ginger, cilantro, chili sauce & mayo.

### Californication

Pan-roasted turkey, Neuske's bacon, micro greens, tomato, red onion, avocado & spicy mayo.

### Caprese (V)

Balsamic infused portabella mushroom, spring mix, Buffalo mozzarella, red onion, basil pesto, sliced Roma tomato, EVOO, aged balsamic vinegar.

### The Sinner

Pulled pork, Neuske's bacon, black forest ham, pepper jack, smoked tomatoes, Dijon remoulade, coleslaw & chipotle chili mayo.

### Hot Italiana

Spicy & mild Italian sausage, tri-color peppers, red onion, provolone, fresh basil & Tupelo honey mustard glaze.

## Build it up...

### Zapps Chips: \$1.25

Assorted Flavors

### Deli Sides: \$2.25

Pasta, potato & deli salads, fruit salad & dill pickles (4 oz. serving)

### Beverages

Acqua Panna Waters \$1.95

Canned Sodas: \$0.99

### Breakfast Beverages

Coffee Box (serves 10 Cups with all accompaniments) \$20.00

Orange Juice (16 oz.) \$4.99



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## The Salad Bar (pp)

\*Served family-style in bowls.

### House Salad: \$3.25

Spring mix, tomato, red onion, cucumber, carrots & dressing.

### Caesar Salad: \$3.25

Romaine, croutons & Parmesan & Caesar dressing.

**Add a grilled chicken breast: \$3.95 / Add a Salmon Fillet: \$7.95**

### Greek Salad: \$4.25

Feta, Kalamata olives, lettuce, onion, cucumber & peppers.

### Mexican Salad: \$4.25

Mango, chipotle pepper, cilantro, spring mix, black beans, corn, avocado & mango chipotle dressing.

### Strawberry, Asparagus & Toasted Almond Salad: \$4.25

Served with poppy seed vinaigrette.

## The Brown Box (pp)

\*Can be individually labeled

### The "Classic" Brown Box: \$10.95

A choice of a "Classic" sandwich, chips or deli salad & a cookie.

### The "Artisan" Brown Box: \$13.95

A choice of an "Artisan" sandwich, chips or deli salad & a cookie.

### The Salad Box: \$8.95

A choice from our Salad Bar & a cookie.

## Sweet Creations (pp)

### The "Cookie Lovers" Platter: \$1.95

Chocolate chip, M&M, peanut butter & double chocolate chip. (2 pp)

### "Sweet Eats" Platter: \$4.95

Brownies, mini cheesecakes & quartered cookies, topped with chocolate covered strawberries.

### Fruit Kebab Platter: \$3.95

Fresh seasonal fruits threaded on skewers served with a honey yogurt dip.

### Specialty Whole Cakes: \$39.95

Special Occasion cakes available upon request with **72 hours' notice**.

Our Famous Carrot Cake, NY Style Cheesecake, Chocolate Cheesecake, Espresso Chocolate Mousse & Oreo Cheesecake.

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## Classic Hors D' Oeuvres

\*48 Hours' Notice. Minimum of 10 unless specified. Price per item unless specified.

**Assorted Cheese Platter (pp) (V): \$3.50**

Cheddar, Gruyere, Pepper jack, Dill Havarti (Min. 5)

**Italian Meat & Cheese Platter (pp): \$3.95**

Pepperoni, Toscana, Sopressata & Mortadella (Min. 5)

**Bacon Wrapped Figs: \$2.00**

**Siracha Deviled Eggs (V): \$1.25**

**Mini Spicy Tuna Sandwiches: \$3.00**

With mango & jalapeno

**Nigiri- Bigeye Tuna/ Salmon: \$3.00**

**Tuna Poke with Fried Wontons: \$3.00**

Avocado, Ponzo, red chili & sesame oil

**Smoked Salmon Canapes: \$3.00**

Cucumber, salmon & dill cream

**Italian Stromboli: \$2.50**

Italian meats & Ricotta

**Beet & Goat Cheese Layer Tower (V): \$1.50**

With toasted almonds

**Crab Stuffed Mushrooms: \$2.50**

**Cucumber Cups with Mint Watermelon (V): \$2.00**

**Brie en Croute with Crackers: \$2.60**

Grapes, sliced apples & berries

**Mini BLT's: \$3.25**

**Braised Short Rib Sliders: \$4.00**

## Specialty Hors D' Oeuvres

\*48 Hours' Notice. Minimum of 10 unless specified. Price per item unless specified.

**Edamame Hummus (V): \$29.00 (Serves 20)**

**Deli-Style Pinwheel Wraps: \$1.50**

**Bacon Jam & Onion Toast: \$2.25**

With balsamic glaze

**Pepper Stuffed Zucchini Boat (V): \$2.00**

**Mini Cuban Sandwiches: \$2.00**

**Goats Cheese Crostini (V): \$2.00**

**Belgian Endive (V): \$2.25**

Gorgonzola, green onion & Crème Fraiche

**Petit Red Potato with Crème Fraiche (V): \$1.50**

**Stoplight Skewers (V): \$1.75**

Brussels sprouts, yellow & red beets with Balsamic Glaze

**Caprese Skewers (V): \$1.75**

**Roasted Mojo Pork Sliders: \$2.75**

With passion fruit & BBQ Hawaiian sauce

**Bruschetta on Crostini (V): \$1.50**

Tomato, onion & parsley on crostini

**Dark Chocolate Dipped Figs (V): \$2.00**

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## Hot Food Catering

\*Hot catering is served Buffet style. Minimum of 5 apply. Priced per person.

Disposable Chafing dishes are available upon request at an additional charge of \$20.00 per set.

Individual meals available based on our daily hot buffet offerings in store.

### Up-Market Meatloaf \$15.95 pp

Served with mashed potato, wild mushroom gravy and tri-color glazed carrots.

### Skirt Steak \$25.00 pp

Served with red wine au jus gravy, roasted/ mashed potato & the veggie of the day.

### Chicken Parmigiana \$14.95 pp

Served with pasta roasted asparagus/ Brussels sprouts.

### Greek Lemon Chicken Kebabs \$13.95 pp

Two kebabs served with Jasmine rice & the veggie of the day.

### Vegetarian Options:

### Roasted Vegetable Lasagna \$10.95 pp

Layers of pasta, Béchamel & roasted vegetables.

### Eggplant Parmigiana \$12.95 pp

Grilled eggplant layered with marinara & Parmesan cheese

## Build it up:

Side Salad:

\*Served family-style in bowls.

House Salad: \$3.25

Caesar Salad: \$3.25

Greek Salad: \$4.25

Mexican Salad: \$4.25

Strawberry, Asparagus & Toasted Almond Salad: \$4.25

Sweet Creations:

\*Priced per person.

The "Cookie Lovers" Platter: \$1.95

"Sweet Eats" Platter: \$4.95

Fruit Kebab Platter: \$3.95

Served with a honey yogurt dip.

\*Notes:

24 hours notice required. Vegan meal available upon request. All paper setups are included. Everything is disposable. Labeling of food items or individual names on containers is available upon request.

ALL allergies must be brought to the attention of the order taker at time of ordering.

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