



# ITALO-CANADIAN CLUB OF KINGSTON

# served meals







## ITALO-CANADIAN CLUB

served menu - 1st courses

\*Plated dinners include dinner rolls and coffee/tea service. Prices are based on one dish per course.

## TABLE ENHANCEMENTS

#### Marinated Olives \$2.50

Lightly Warmed Mixed Olives Lemon, Garlic & Piri Piri Spice

#### Cheese Plate \$4.00

Chef's Selection Of Local Canadian Cheese Fresh & Dried Fruits, Honey, Compote & Bread

#### Charcuterie \$4.00

Seed to Sausage Cured Assorted Meats Gherkins, Mustards & Bread

## SALADS

## Iceberg & Feta Salad \$12.00

Cucumber, Pickled Onion, Black Olives, Tomatoes Oregano & Red Wine Vinaigrette

#### Romaine Caesar \$13.00

Crispy Bacon, Shaved Parmesan, Roasted Garlic, Fried Potato Chips Roasted garlic and horseradish dressing

#### Salanova & Tuscan Green Salad \$12

Mixed Greens, Cherry Tomatoes, Cucumber Shaved Heirloom Carrot & Balsamic Vinaigrette

## Roasted Local Beet & Arugula Salad \$14.00

Whipped Chevre, Candied Pecan, Honey & Balsamic

#### Heirloom Tomato & Mozzarella Salad \$12.00

Watermelon, Mint, Radish & Arugula

## Strawberry & Artisan Green Salad \$11.00

Toasted Almonds
Poppyseed & Black Pepper Vinaigrette

## **SOUPS**

#### Cecelia Couto's Calde Verde \$10.00

Chorizo, Kale

## Fire Roasted Tomato Bisque \$10.00

Potatoes, Cheddar & Basil

## Caramelized Onion Soup \$10.00

Grilled Focaccia, Mozzarella & Port

## Roasted Mushroom Soup \$12.00

Porchini Cream & Chive

## Maple Roasted Butternut Squash \$10.00

Coconut Cream, Ginger & Toasted Pepitas

## ADDITIONAL COURSES

## **Antipasto Plate \$15.00**

Marinated Bocconcini, Grilled Peppers, Olives, Compressed Melon, Tomatoes, Basil Prosciutto & Salami & Mortadella

#### Penne Pomodoro \$8.00

Parmigiano-Reggiano, Basil

## Rigatoni Bolognese \$10.00

Beef & Pork Bolognese, Pecorino, & Basil

#### Ricotta Gnocchi \$14.00

Spinach, Mushroom, Brown Butter & Roasted Garlic

## Spicy Pork & Beef Braised Italian Meatball \$10.00

Fire Roasted Tomato Sauce, Mozzarella & Grilled Focaccia

#### Buffalo Mozzarella Stuffed Arancini \$9.00

Tomato Sauce, Parmesan & Basil

#### Classic Italo Club Meat Lasagna \$10.00

Beef Bolognese, Mozzarella, Bechamel & Basil

#### Toasted Garlic Bread for the Table \$1.50

served menu - mains

## **CHICKEN**

### Parsley & Paprika Roasted Chicken Breast

\$27.00

Lemon & Chili Roasted Russets, Charred Broccoli, Sauteed Spinach, Blistered Tomato & Garlic Jus

#### Herb & Garlic Marinated Chicken Breast

\$27.00

Pommes Puree, Sauteed Spinach, Green Beans Roasted Carrot & Grainy Mustard Jus

### Thyme & Garlic Cured Boneless Chicken Leg

\$28.00

Herb Roasted Yukon Potato, Spinach, Heirloom Carrot, Chardonnay Jus

## **BEEF**

#### Red Wine Braised Boneless Beef Short Rib

\$32.00

Pommes Puree, Pearl Onions, Green Beans, Heirloom Carrot Horseradish & Mustard Jus

## 80z Butter & Thyme Roasted Beef Tenderloin

\$40.00

Roasted Garlic Mashed, Charred Broccoli, Heirloom Carrot Mushrooms & Red Wine Jus

#### Grilled 7oz Beef Strip Loin

\$36.00

Baked Potato, Fennel Roasted Zucchini, Caramelized Onion Carrot & Chimichurri

## **FISH**

#### Pan Seared Atlantic Salmon

\$28.00

Saffron Infused Tomato Puree, Green Beans, Smashed New Potatoes Roasted Peppers & Lemon

#### **Rainbow Trout Fillet**

\$29.00

Lemon Rice, Stewed Peppers, Snap Peas Charred Tomato & Almond Butter

#### Lemon Roasted Cod

\$28.00

Chorizo White Bean Ragout, Blistered Tomato, Green Beans Spinach & Pea Shoots

## DUO

## BBQ Spiced Chicken & Braised Boneless Beef Short-Rib

\$35.00

Pommes Puree, Heirloom Carrot, Broccoli Onion Jus

### Pan Seared Beef Strip Loin & Garlic Chicken Breast

\$38.00

Roasted Herbed Potato, Tajin Broccoli, Haricot Mustard Jus

## Thyme Roasted Beef Tenderloin & Garlic Shrimp

\$42.00

Creamy Polenta, Garlic Kale, Pearl Onions Lemon Jus

#### Mustard & Horseradish Rubbed Prime Rib (Market Pricing)

Mashed Potatoes, Roasted Carrots, Green Beans Red Wine & Roasted Garlic au Ius

## WANT TO GIVE YOUR GUESTS MORE THAN ONE COURSE OPTION?

For each additional course option, it will cost \$3/person/appetizer and \$5/person/main for pre-selected meal choices. If you would only like to have different protein options, but the same base plate (i.e. same starch/vegetable/sauce) the cost is \$2/person/main instead of \$5. Exact numbers must be given to the Chef at least two weeks in advance. For onsite selections, it will cost \$4 per person, per appetizer/dessert and \$8 per person per Entrée.

served menu

## **DESSERTS**

#### Lemon Curd Cheesecake

\$10.00

Blueberry, Vanilla Chantilly & Lemon Tuile

## **Ontario Maple Butter Tart**

\$9.00

Blueberry Compote, Vanilla Ice Cream & Mint

## Frangelico Tiramisu

\$11.00

Mascarpone, Fresh Berries & Cocoa

#### **Dark Chocolate Truffle Tart**

\$11.00

Raspberry, Caramel, Almonds

## Sticky Toffee Pudding

\$9.00

Brown Sugar Caramel, Vanilla Ice cream & Almond Crumb

## Strawberry & Lemon Pound Cake

\$9.00

Strawberry Syrup, Whipped Cream, Mint & Dark Chocolate



## KIDS MEALS

Choose 1 from each.

## Apps

Mozzarella Sticks & Tomato Sauce

Caesar Salad

Vegetable Sticks & Ranch

#### Mains

Cheeseburger & Fries

Pepperoni or Cheese Pizza

Chicken Fingers & Fries Plum Sauce & Ketchup

Pasta & Tomato Sauce

#### Dessert

Ice Cream Brownie Sundae

Fresh Fruit Cup

Sprinkle & Vanilla Cup Cake

\$20.00