

SPRING LUNCH

2020

TO GO/ DELIVERY

STARTERS

SALADS

NEW ENGLAND CLAM CHOWDER	7· ⁹⁵	CAESAR SALAD
Smoked Paprika Croutons & Chives		Romaine, Parmesan, Sourdough Croutons 9.95
ROTISSERIE CHICKEN & KALE SOUP	7· ⁹⁵	WEDGE OF BABY ICEBURG LETTUCE
Roasted Tomato, Chick Pea and Parmesan		Tomato, Bacon, Pickled Red Onion, Toasted Baguette, Creamy Blue Cheese
SOURDOUGH AVOCADO TOAST	13. ⁹⁵	Dressing 10.95
Grape Tomato Pico, Feta, Cilantro, Lime, Red Chili Flakes		PAN SEARED SALMON SALAD
DIP DUO	11. ⁹⁵	Tuscan Kale , Quinoa, Spiced Toasted Almonds, Grape Tomatoes, Sherry Vinaigrette $$ 16. 95
Hummus & Olives, Feta, Guacamole, Pita Crisps		ROTISSERIE CHICKEN 3 WEST FARMERS SALAD
ROTISSERIE CHICKEN WINGS	11.95	Mesclun Salad, Beets, Asian Pears, Bloomed Golden Raisins, Goat Cheese
Hickory Sweet Heat Glaze, Ranch		and Spiced Almonds 15, ⁹⁵
CRISPY FRIED BURATTA	13. ⁹⁵	
Mediterranean Roasted Red Pepper Relish		

BURGERS & SANDWICHES

HOUSE MADE VEGGIE BURGER

Brioche, Lettuce, Tomatoes, Cheddar Cheese, Rosemary Aioli, Frites 14.95

CRABCAKE SANDWICH

Brioche, Beefsteak Tomato, Green cabbage Slaw, Old Bay Remoulade, Old Bay Frites 16.95

CRISPY CHICKEN SANDWICH

Brioche, Pickles, Tomatoes, Swiss Cheese, Green Cabbage Slaw, Frites 15.95

3WEST CHEDDAR BURGER

Brioche, Harvest Rib Eye Blend, Lettuce, Tomato, Pickles, Rosemary Aioli, Frites 15.95

CHICKEN QUESADILLA

Caramelized Onion, Kale, Four Cheeses, Pico de Gallo, Sour Cream, Avocado 12.95

MAINS

DUTCH COUNTRY ROTISSERIE CHICKEN~

Shaved Brussels , Crispy Bacon , Orange Honey Glaze $\,$ 18. 95

BLACK PEPPER CRUSTED SALMON ~

Salad with shaved Brussels Sprouts, Pickled Red Onion, Roasted Beets, and Arugula, Beet Coulis 19.95

SEARED BARNEGAT SCALLOPS ~

Red Quinoa, Tomato Confit, Braised Fennel, and Roasted Tomato Oil 19.95

GRILLED BABY BACK RIBS ~

"Fall Off The Bone Tender" Harvest BBQ, Green Cabbage Slaw, Frites 25.95

FILET MIGNON ~

Shaved Brussels Sprouts with Crispy Bacon, Frites 34.95