# RISE AND SHINE 

## BUFFET BREAKFAST

All breakfast are served with orange \& cranberry petite juice bottles, freshly brewed regular, decaffeinated coffees

FRESH START 17
Individual fruit yogurts, crunchy granola, seasonal fresh fruit and bran muffins

EXECUTIVE CONTINENTAL 20
Assorted Danish pastries and muffins, croissants, bagels with cream cheese and seasonal fresh fruit

## THE AMERICANO <br> 26

Sliced seasonal fresh fruit, country fresh scrambled eggs, breakfast potatoes, bacon, sausage LINKS, assortment of muffins and Danish pastries

SOUTHWEST 24
Assorted Mexican pan dolce, scrambled eggs, chorizo sausage and egg quesadillas, guacamole, southwest style breakfast potatoes with onion and peppers and fresh seasonal fruit

## PLATED BREAKFAST

All breakfast are served with orange \& cranberry petite juice bottles, freshly brewed regular, decaffeinated coffees

## BREAKFAST BURRITO 18

Warm flour tortilla with eggs, bacon or sausage, potatoes and cheese, topped with your choice of salsa verda or red salsa served with a side of sour cream, guacamole and fresh seasonal fruit

FULL AMERICAN BREAKFAST 22
Fresh scrambled eggs, your choice of bacon or sausage links, served with breakfast potatoes, and fresh seasonal fruit

## ADD-ONS

| Fruit, yogurt with granola Parfait | $\mathbf{3 . 7 5}$ each |
| :--- | :--- |
| Mini assorted Quiches | 3.50 each |
| Mini breakfast burritos | 3.50 each |
| Assorted cereal \& 2\% milk | 3.50 each |
| French toast or pancakes (2) | 3.50 per order |
| Bacon (3) | $\mathbf{5 . 0 0}$ per order |
| Sausage (3) | $\mathbf{5 . 0 0}$ per order |


| SUBSTITUTIONS |  |
| :--- | ---: |
| Eggbeaters | 1.50 each |
| Turkey Bacon | $\mathbf{1 . 2 5}$ each |
| Turkey Sausage | $\mathbf{1 . 2 5}$ each |

[^0]
## CHICKEN MARSALA <br> 29

Boneless breast of chicken in a marsala wine and mushroom sauce

CHICKEN PICATTA
29
Boneless breast of chicken with lemon butter and caper sauce

CHEESE TORTELLINI WITH CHICKEN 27
Boneless breast of chicken and artichoke hearts served over cheese tortellini's in a creamy pesto sauce
(Choice of starch is excluded with this entree)

GRILLED SALMON FILET 32
Salmon filet marinated and topped with a caramelized lemon, lime and orange citrus glaze

## SIDE SELECTIONS

## STARCH CHOICE

Select 1
Garlic mashed potatoes
Loaded mashed potatoes
Roasted fingerlings
Rice pilaf
Couscous

## DRESSINGS CHOICE

Select 2
Ranch
Balsamic vinaigrette
Honey Dijon
Raspberry vinaigrette

VEGETABLE CHOICE<br>Select 1<br>Asparagus<br>French style green beans<br>Roasted baby carrots<br>Broccoli<br>Trio Melody; zucchini, yellow squash and red bell pepper

sautéed prawns served on a bed of linguini with fresh tomatoes, finished in a lemon and garlic butter sauce
SHRIMP SCAMPI 34

GRILLED FLAT IRON STEAK
Grilled flat iron steak topped with a creamy mushroom ragu

32

Buffet lunches include choice of 2 salad dressings and dessert
Freshly brewed regular and decaffeinated coffee and iced tea

FIESTA 32
Garden salad with cheese enchiladas, chicken fajitas with peppers, onions, shredded cheeses, guacamole, Spanish rice, refried beans with corn and flour tortillas, chips and salsa

## SONOMA 33

Garden salad with grilled boneless chicken breast topped with caramelized lemons, limes \& oranges in a fresh citrus glaze, cheese tortellini with artichoke hearts topped with a creamy pesto served with grilled seasonal vegetables, rolls \& butter

## TUSCANY 32

Garden salad, chicken parmesan, fettuccini alfredo, penne marinara, antipasto, grilled vegetables and garlic bread

## PICNIC BASKET 34

Garden salad, baby back pork ribs, served with a choice of fried or BBQ chicken, ranch style beans potato salad and cornbread

DELI COUNTER 29
Garden salad, sliced turkey breast, sliced smoked ham, assorted domestic cheeses, seasoned potato salad, relish tray of sliced tomatoes, red onions lettuce and assorted breads

## SOUP AND SALAD BAR 26

Romaine \& mix greens, cherry tomatoes, button mushrooms, shredded cheese, blue cheese crumbles, bacon bits, hard boiled eggs, artichoke hearts, Julian carrots, red onion, croutons and tuna salad

## SOUPS (choose 1)

Tomato bisque, clam chowder, chicken noodle, cream of mushroom, garden vegetable and creamy roasted red bell pepper.

Served with rolls and butter

DRESSINGS CHOICE
Select 2
Ranch
Balsamic vinaigrette Jalapeno vinaigrette

Honey Dijon
Lime vinaigrette
Caesar
Raspberry vinaigrette

## DESSERT CHOICE

Select 1
Cheese cake
Tiramisu
Churros
Brownies \& assorted cookies
Apple Pie
Lemon Bars

# THE LIGHT SIDE 

## PLATED LUNCH

Plated lunch salads, wraps and sandwiches can also be made as a Box Lunch option, includes whole fruit and drink for an additional \$3 more. Served with rolls and butter, freshly brewed regular and decaffeinated coffee and iced tea

BISTRO COBB SALAD<br>24<br>Mixed greens, hard boiled eggs, blue cheese crumbles, tomato, bacon bits, boneless breast of chicken and avocado

## BLACKENED SALMON SALAD 27

Blackened salmon filet with mixed greens, avocado, and tomato topped with cilantro

## SANTA FE CHICKEN SALAD 24

Mixed greens, grilled boneless chicken breast, tomatoes, black beans, corn, tortilla chips and shredded cheese with a jalapeno vinaigrette

ADD-ON SOUP 3.50<br>Tomato bisque, clam chowder, chicken noodle, cream of mushroom, garden vegetable and creamy roasted red bell pepper.

ASIAN CHICKEN SALAD 23
Mixed greens, cabbage, grilled boneless chicken breast, orange segments, carrots, scallions and crispy noodles with sesame soy dressing

SPINACH SALAD 21
Fresh spinach with hardboiled egg, bacon bits, julienne red onion and hot bacon vinaigrette Add grilled salmon or chicken 6

## DRESSINGS CHOICE

## Select 1

Ranch
Balsamic vinaigrette
Jalapeno vinaigrette
Honey Dijon
Lime vinaigrette
Raspberry vinaigrette

# WRAPS \& SANDWICHES 

## FIESTA WRAP 22

Vegetable tortilla stuffed with grilled boneless chicken breast, mixed greens, shredded cheeses, pico de gallo, jalapeno vinaigrette dressing served with chips, salsa

## THE VEGETARIAN WRAP 22

Vegetable tortilla stuffed with grilled, zucchini, yellow squash, peppers, spinach, cheeses and lemon aioli served with fruit salad

## TURKEY WRAP 22

Flour tortilla stuffed with roast turkey breast, Swiss cheese, shredded lettuce and sliced tomatoes with a cranberry aioli served pasta salad

## CAESAR CHICKEN WRAP 22

Flour tortilla stuffed with grilled boneless chicken breast, crisp hearts of romaine, parmesan cheese and classic Caesar dressing served with fruit salad

## THE BISTRO 22

Black forest ham, roast turkey breast, Swiss cheese, shredded lettuce and sliced tomatoes on brioche served with pasta salad

## THE NEW YORKER 22

Pastrami, Swiss cheese with stone ground mustard on rye bread served with seasoned potato salad

Plated dinners include your choice of salad, 2 dressings, starch, vegetables, rolls, butter and dessert Freshly brewed regular and decaffeinated coffee and iced tea

## STUFFED CHICKEN 35

Marinated boneless chicken breast stuffed with fresh spinach mushrooms, caramelized onions, and artichoke hearts

## BLACKENED SALMON

Fresh blackened salmon filet served with a fresh herb compound butter

LA PRIMA 38
Chunky marinara served over linguini and with a beef, pork and veal Siciliano jumbo meatball topped with parmesan cheese

SEAFOOD LINGUINI
42

Prawns and sea scallops over a bed of linguini topped with a Vera Cruz sauce

## CITRUS CHICKEN 35

Grilled boneless chicken breast marinated and topped with caramelized lemons, limes \& oranges in fresh citrus glaze

NY STRIP STEAK 42
Grilled NY Strip served with caramelized mushrooms finished with a merlot demi glaze, topped with deep fried onion straws,

PORK CHOP 37
Rosemary and garlic crusted pork chop topped with fresh herbs and apricot glaze

## SIDE SELECTIONS

## SALAD CHOICE

## Select 1

Garden salad crisp greens with seasonal vegetables
Caesar salad with romaine lettuce, croutons and parmesan cheese

## VEGETABLE CHOICE

## Select 1

Asparagus
French style green beans Roasted baby carrots Broccoli
Trio Melody, zucchini, yellow
squash and red bell pepper

## DRESSINGS CHOICE

Select 2
Ranch
Balsamic vinaigrette
Jalapeno vinaigrette
Honey Dijon
Lime vinaigrette
Raspberry vinaigrette
Caesar

## STARCH CHOICE

Select 1
Garlic mashed potatoes
Loaded mashed potatoes
Roasted fingerlings
Rice pilaf
Couscous

DESSERT CHOICE

## Select 1

Italian lemon cake
Cheese cake
Flourless chocolate cake
Tiramisu
Apple Pie
Mixed seasonal berries

AMERICAN BISTRO 44<br>Fresh herb slow roasted chicken, braised pulled pork with $B B Q$ sauce, ranch style beans and cornbread

## CAPTAINS CATCH

48
Deep fried calamari fries, grilled prawn skewers and citrus salmon topped with caramelized lemons, limes \& oranges served with jalapeno or traditional caper aioli

## PARADISE 46

Grilled Flat iron steak with fresh herb chimichurri, tropical pineapple boneless breast of chicken

## EL PASEO <br> 42

Green chili and cheese enchiladas, steak and chicken fajitas with peppers and onions, Spanish rice, black beans, shredded cheeses, guacamole, corn and flour tortillas and tortilla chips and salsa
(salad and dessert choice only)

|  | PASTA PASTA <br> Select 2 of each | 43 |
| :---: | :---: | :---: |
| PASTA | SAUCE | PROTEIN |
| Penne | Marinara | Chicken |
| Linguini | Alfredo | Italian sausage |
| Fettuccini | Pesto | Meatballs |

(Choice of starch is excluded with this entree)

## SIDE SELECTIONS

## SALAD CHOICE

## Select 1

Garden salad crisp greens with seasonal vegetables
Caesar salad romaine
lettuce with croutons and parmesan cheese

## VEGETABLE CHOICE

Select 1
Asparagus
French style green beans Roasted baby carrots Broccoli
Trio Melody, zucchini, yellow squash and red bell pepper

## DRESSINGS CHOICE

Select 2
Ranch
Balsamic vinaigrette
Jalapeno vinaigrette
Honey Dijon
Lime vinaigrette
Raspberry vinaigrette
Caesar

## STARCH CHOICE

Select 1
Garlic mashed potatoes
Loaded mashed potatoes
Roasted fingerlings
Rice pilaf
Couscous

## DESSERT CHOICE

 Select 1Italian lemon cake
Cheese cake
Flourless chocolate cake Tiramisu
Apple Pie

## ALL DAY MEAL PACKAGE

The All Day Meal Package includes Continental breakfast, mid-morning break, midafternoon break and a choice of plated working lunch or buffet working lunch

## CONTINENTAL BREAKFAST

Chilled juice, fresh baked pastries and muffins, seasonal fruit, freshly brewed regular and decaffeinated coffees

## MID-AFTERNOON BREAK

Replenishment of freshly brewed regular and decaffeinated coffees, assorted soft drinks, fresh baked cookies, brownies

## PLATED WORKING LUNCH (CHOICE OF 1)

Chicken Marsala 48
Chicken Picatta

## Cheese Tortellini with Chicken <br> 48

Grilled Salmon Filet ..... 52
Bistro Cobb Salad ..... 41
Blackened Salmon Salad ..... 44
Classic Caesar ..... 38

MID-MORNING BREAK<br>Replenishment of freshly brewed regular and decaffeinated coffees

(add chicken 3, add salmon 5)

## BREAK PACKAGE

EXECUTIVE PACKAGE 32

## CONTINENTAL BREAKFAST

Chilled petite orange and cranberry juice, fresh baked pastries and muffins, seasonal fruit, freshly brewed regular and decaffeinated coffees

MID-MORNING BREAK
Replenishment of freshly brewed
regular and decaffeinated coffees

## MID-AFTERNOON BREAK

Replenishment of freshly brewed regular and decaffeinated coffees, , assorted soft drinks, fresh baked cookies \& brownies

## BREAK STATIONS

HEALTHY BREAK 17
Assorted granola bars, energy bars, sliced fresh seasonal fruit, yogurt, orange \& cranberry petite juice bottles

HEALTHY HUMMUS BREAK 16
Crudité with 2 types of hummus, multigrain pita chips and orange \& cranberry
petite juice bottles

## LIGHT AND FRUITY

16
Fresh seasonal fruit kebabs, assorted muffins and orange \& cranberry petite juice bottles

COOKIE MONSTER 16
Assorted cookies, brownies, freshly brewed regular and decaffeinated coffee, and iced tea and orange \& cranberry petite juice bottles

CANTINA 17
Jalapeno poppers, mini quesadillas, chips, salsa, and assorted sodas

BEHIND BARS 18
Cheese cake dessert bars, apricot dessert bars, lemon dessert bars and orange \& cranberry petite juice bottles

## CHIPS AWAY 10

Assorted bags of chips, popcorn, pretzels, orange \& cranberry petite juice bottles and assorted sodas

## A LA CARTE

## BEVERAGES

Regular and decaffeinated coffee gallon 44
Freshly brewed hot herbal teas gallon 44
Iced Tea gallon 44
Assorted soft drinks each 3
Sparkling mineral water 3
Lemonade gallon 35
Redbull energy drink 4
Diet Redbull energy drink 4
Petite cranberry \& orange juice 3
Petite lemonade 3

SNACKS AND TREATS
Freshly baked cookies dozen 34
Freshly baked brownies 36
Assorted chips 2.50
Granola bars and energy bars 2.50
Chips and salsa 3
Pita chips and hummus 3.50
Assorted mixed nuts (1/2lb) 15
Trail mix (1/21lb) 12

A minimum of 25 persons applies for any of the above plated meals or buffets All food and beverage prices are subject to a $21 \%$ service charge and $8 \%$ state sales tax

# HORS D' OEUVRES 

Hors d' oeuvres served 25 pieces per order

## hot SElections

Risotto cakes stuffed with assorted cheeses 75 Spanakopita stuffed with spinach and feta 70 Buffalo style chicken spring rolls 85 Teriyaki beef skewers with pineapple 85

Crab cakes 95
Devils on horseback, dates wrapped in bacon 85
Jalapeno's stuffed with bacon and assorted cheeses 65
Stuff mushrooms with artichoke and assorted cheeses 70

COLD SELECTIONS
Caprese skewers 80
Salmon salad on cucumber wheel 120
Deviled egg 60
Shrimp cocktail shooter 130
Roast beef radish crostini 85
Haystack with grilled vegetables sprouts and cream cheese 70

## DISPLAYS <br> Small serves 25 / Medium serves 75 / Large serves 100

## CRUDITES

Fresh seasonal vegetables with ranch and hummus dipping sauces
Small-85 Medium-160 Large-210

## CHEESE BOARD

A variety of domestic \& imported cheeses with baguettes and crackers
Small-110 Medium-195 Large-260

FRESH FRUIT PLATTER
Seasonal fresh fruit and berry platter with honey yogurt
Small-85 Medium-160 Large-210

MISTO PLATTER
Grilled asparagus, yellow squash, red bell pepper and red onion with marinated mushrooms artichoke hearts and olives
Small-85 Medium-160 Large-210

## SICILIAN DELI

Pepperoni, salami, mortedella \& copicola, shaved parmesan, provolone, Swiss and herbed cream cheese served with crostini and crackers Small-95 Medium-185 Large-235

Helpful Hint: A reception without a meal average consumption is 6-8pc per person
A reception with a meal average consumption is $3-4 p \mathrm{p}$ per person

[^1]
# HOSTED BAR 

## hOUSE SELECTIONS

House Rum
House Vodka
House Tequila
House Gin
House Whiskey
House Scotch
House Brandy

## PREMIUM SELECTIONS

Jack Daniel's Whiskey Jimador Tequila Absolute Vodka Beefeater Gin
Cutty Sark Scotch Korbel Brandy
Canadian Club Whiskey
Smirnoff Premium Vodka
Jose Cuervo Tequila
Captain Morgan Rum
Sailor Jerry Rum

## HOUSE WINE SELECTIONS

House Cabernet
House Chardonnay House Merlot
House White Zinfandel
House Pinot Grigio

## PREMIUM WINE SELECTIONS

Premium Select Cabernet

Premium Select Chardonnay
Premium Select Merlot
Premium Select Sauvignon Blanc

## BEER SELECTIONS

Budweiser
Bud Light
Coors Light
Miller Light
Michelob Ultra,
Blue Moon
Corona
Dos Equis,
Dos Equis Amber

## HOUSE

First Hour

## Each additional hour

Beer and wine bar
$\$ 16.99$ per person
$\$ 14.99$ per person

## DOMESTIC/HOUSE

$\$ 12.99$ per person

## PREIMUM

$\$ 18.99$ per person
$\$ 16.99$ per person

## IMPORTED/HOUSE

$\$ 14.99$ per person

There is a $\$ 150.00++$ Bartender fee applied to all bar options, this fee can be waived if a $\$ 500$ or more in bar revenue is met. Ask our Catering Manager for more details.

Embassy Suites is the sole alcoholic beverage licensee on the hotel premises. As the licensee, the hotel is subject to the regulations of the State Alcohol Beverage Commission. Violations of these regulations may jeopardize this license. We request your cooperation in honoring the hotels policy of prohibiting

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## CONSUMPTION BAR

## HOUSE SELECTIONS

House Rum
House Vodka
House Tequila House Gin
House Whiskey
House Scotch
House Brandy

## PREMIUM SELECTIONS

Jack Daniel's Whiskey
Jimador Tequila
Absolute Vodka
Beefeater Gin
Cutty Sark Scotch Korbel Brandy
Canadian Club Whiskey
Smirnoff Premium Vodka
Jose Cuervo Tequila
Captain Morgan Rum
Sailor Jerry Rum

SUPER PREMIUM SELECTIONS
Kettle One Vodka
Stoli Vodka
Grey Goose Vodka
Patron Silver
1800 Silver
1800 Reposado
Maker's Mark Whiskey
Gentleman Jack
Jack Daniels Single Barrel
Bombay Sapphire
Bombay
Tanqueray
Hendricks's Gin
Bacardi 151
Bacardi Gold
Glen Fiddich Scotch
Glen Livet Scotch
Courvoisier VS Cognac

## WINE SELECTIONS

House Caberne† House Chardonnay House Merlo $\dagger$ House White Zinfandel
House Pinot Grigio
Premium Select Cabernet
Premium Select Chardonnay
Premium Select Merlo $\dagger$
Premium Select Sauvignon Blanc

DOMESTIC BEER SELECTIONS
Budweiser
Bud Light
Coors Light
Miller Light
Michelob Ultra,
PREMIUM BEER SELECTIONS
Blue Moon
Corona
Dos Equis
Dos Equis Amber
Tecate
Pacifico
Heineken
Stella Artois
Samuel Adams
Embassy Select Cocktails
Premium Brand Cocktails
Super Premium Brand Cocktails
Cordials
House Select Wine (glass)
Premium Brand Wine (glass)
Imported Select Beers
Domestic Select Beers
Non Alcoholic Select Beers
Virgin Cocktails
Assorted Soft Drinks
Bottled Water
Sparkling Water
NO-HOST BAR
$\$ 8.00$
$\$ 9.00$
$\$ 9.75$
$\$ 10.00$
$\$ 7.00$
$\$ 9.00$
$\$ 7.00$
$\$ 6.00$
$\$ 5.00$
$\$ 4.00$
$\$ 4.00$
$\$ 4.00$
$\$ 4.00$

HOST BAR
$\$ 7.00$
$\$ 8.00$
$\$ 8.75$
$\$ 9.00$
$\$ 6.00$
$\$ 8.00$
$\$ 6.00$
$\$ 5.00$
$\$ 4.00$
$\$ 3.00$
$\$ 3.00$
$\$ 3.00$
$\$ 3.00$

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A minimum of 25 persons applies for any of the above items
All beverage prices are subject to a $21 \%$ service charge and $8 \%$ state sales tax


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